



Weekly Newsletter  
For the Week of December 9, 2018 – December 15, 2018

Dear Bishop Community,

As a high school administrator as well as parent of three children, I frequently find myself evaluating my own children's use of technology and searching for answers regarding the subject. How much screen time is too much? How young is too young for a device? What games are appropriate for my eleven year olds, but maybe not my eight year old? In a school environment in which technology is integrated into teaching and learning, I recognize the importance of acknowledging that education is not the same as it was when I was a child and that we must adapt to the world in which our young people find themselves and will be expected to navigate as adults. Technology, specifically smart phones and social media, can be powerful tools, but they have impacted how we interact with each other and I believe we have a responsibility as educators and parents to be sure we are doing all we can to guide our young people in responsible use.

As a parent of two middle school students, I found the following blog especially interesting and enlightening. While students at Bishop are not in middle school, I do believe many of the concerns raised regarding our "tweens" also apply to our work with teenagers getting ready to transition to the next phase in their lives. I invite you to read the blog when you have a few minutes and as always, welcome your feedback.

<https://www.waituntil8th.org/blog/2018/11/12/middle-school-misfortunes-then-and-now-one-teachers-take>

In Christ,

Mrs. Karen Regan

Head of School

## Admissions and Advancement – *Dr. Cristy McNay*

### **Tuition Assistance & Scholarship Applications – Due Date Change**

Applications for Tuition Assistance and Scholarships are now open. EVERY Bishop family who plans to return next year and who would like to receive a Personalized Tuition Plan **MUST** reapply for Tuition Assistance through FACTS for the 2019/20 school year.

**Scholarships Applications** and **Tuition Assistance Applications** are due by **January 17, 2019**. In addition, many scholarships do not automatically renew and must be reapplied for each year. Please visit Bishop's website and the Admissions/Personalized Tuition pages for more information.

### **Re-enrollment**

Parents of students in grades 9, 10 & 11 – be on the lookout for your online re-enrollment links coming before mid-February. We have moved to a completely online platform that will require a little extra input the first time, but will ultimately make everything much easier going forward! More information coming soon!

### **A 300% Increase!**

To date, Bishop Diego has received 3 times as many applications as the same time last year. The Admissions Office encourages families of prospective students to submit their online applications EARLY! The deadline is January 31, 2019, but earlier is better!

### **Entrance Placement Testing – January 12 or 26, 2019**

Entrance Placement Tests for all incoming freshman will be administered on Saturday, January 12 and Saturday, January 26, 2019. A completed online application and application fee must be submitted in order to sit for the exam. Parents can choose the preferred date within the parent portal of the new online application system:

[https://bishopdiego.schooladminonline.com/users/sign\\_in](https://bishopdiego.schooladminonline.com/users/sign_in)

Warmly,

Cristy McNay, Ed.D  
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[cmcnay@bishopdiego.org](mailto:cmcnay@bishopdiego.org)

## Curriculum & Instruction – *Mr. Tim Flanagan*

Semester exams are fast approaching. Here is the schedule for the week, and a few reminders about exam protocols:

Monday, December 17th

- Period 1 - 8:30 - 10:00
- Period 2 - 10:30 - 12:00
- Lunch 12:00 - 12:40
- Period 3 - 12:45 - 2:15

Tuesday, December 18th

- Period 4 - 8:30 -10:00
- Period 5 - 10:30 - 12:00

Wednesday, December 19th

- Period 6 - 8:30-10:00
- Period 7 - 10:30 - 12:00

Please remember that students need to be in dress code and on time in order to take their exams. If students do not have an exam during the last testing period of the day, they may be dismissed with written parental permission.

Good luck to all on their finals, and enjoy a wonderful holiday season!

Tim Flanagan  
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## Counseling Services – *Mrs. Rya Carpenter*

Excerpt continued...**College Admission from Application to Acceptance, Step by Step** by Robin Mamlet and Christine Vandeveld

“9 Things Admission Officers Look for in an Application:

**3. Good communication skills.** One of the things admissions officers are on the lookout for is a good ability to express oneself. This is why colleges ask for a writing sample and often read very carefully the samples they do receive—whether the Common App essays, supplemental questions each college itself might ask, or the writing section of the ACT or essay of the SAT (this is why surprisingly many schools require the standardized tests “with writing”). For this reason, in composing your essays on your application you should pay special attention not only to answering the exact questions asked but also to writing in a way that is natural, careful, and well argued. Also, in case you have an oral interview or discussion with an alumnus, campus rep, or other person from the college, you should carefully answer his or her questions in an informed and responsive way.

**4. Knowledge of their institution.** One of the things admissions officers are most interested in finding out about you is how seriously you are considering their college and how well you would fit in, if accepted. And one of the main ways they have of finding out these things is to see how you respond when asked hidden—and not-so-hidden—questions about why you want to go to their college.

Specificity is king. When asked on a supplemental question something about yourself or their institution or both, be sure to offer some reason for picking their school that does not apply to every other school and that was not the single thing they said five times at the college rep visit, college night, or information session—for example, that their school has an open curriculum, that their school has a design-your-own-major program, or that their school was grade-free for the first year. They know all those things (and, in case they forgot, countless other applicants recount them for them). Instead, find something *particular* and *specific* that makes you want to go to their school—for example, a special program or major, something about the goals or values of that school, or some career path for which the school trains you especially well. Every college wants to feel special and, more important, that you’ve taken the time to figure out why it’s special.

Some colleges are more interested in intrinsic rather than instrumental reasons for your wanting to go to their college. That is, your burning desire to study microbiology (combined with their school’s excellence in that field) is more impressive to them than your desire to use that

college as a stepping-stone to med school. Think the next four years in presenting yourself, as well as the next ten.”

**Parents of 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> graders:**

The window to apply for NHS and CSF is January 7 – January 18, 2019. The application forms will be available in the College and Career Center beginning January 7. The forms are also available online at: <http://bdhsmultimedia.org/application-forms.html>.

In order to complete the CSF and NHS applications students will need a copy of their Semester One grades, which won't be available in PCR until Christmas vacation. Please mark your calendar for the CSF and NHS application window in January. If you have questions, contact Mrs. Carpenter.

What follows is a description of NHS and CSF:

The National Honor Society (NHS) was established to recognize outstanding high school students. More than just an honor roll, NHS serves to recognize students who have demonstrated excellence in the areas of Scholarship, Leadership, Service, and Character. Membership in NHS requires students to maintain a cumulative, minimum GPA of 3.75. Students involved with NHS are honored at the Bishop graduation ceremony. Plus, membership may be attractive in the college admissions process.

**Each semester, NHS students are required to fulfill 2 hours of Bishop Peer-Tutoring. Hours can be counted toward students' Christian Service Hours and are to be signed-off by Ms. Anderson.**

The California Scholarship Federation (CSF) emphasizes high standards of scholarship and community service for California high school students. Students in grades 10-12 with at least a 3.5 GPA are invited to complete an application and submit it with a copy of their semester report card to Ms. Gonzalez.

NHS and CSF applications are available in the College and Career Center the first week of September and January each year. They are also available online at: <http://bdhsmultimedia.org/application-forms.html>.

## Enrichment Opportunities:

UC Davis offers the Young Scholars program, which takes place over the summer. Participants work one-on-one with research faculty in state-of-the-art laboratories for six weeks. Each student will work on an individual project and prepare a journal quality paper and symposium presentation about their work. To learn more, visit: <http://ysp.ucdavis.edu>

Seton Hall University offers a Sustainable Development Challenge by entering an idea that addresses a problem facing the world today. The competition is designed to encourage high school students to take part in the **United Nations' 17 Sustainable Development Goals**, which include fighting inequality, ending hunger and tackling climate change, among others.

Ten finalists will be selected in early April to present their ideas on Saturday, April 20, 2019, at Seton Hall (in person or via Skype).

## Prizes

- **1st Place Winner:** \$2,500 cash prize. Plus, a \$10,000 scholarship to attend Seton Hall University (\$2,500 annually).
- **2nd Place Winner:** \$1,000 cash prize. Plus, a \$6,000 scholarship to attend Seton Hall University (\$1,500 annually).
- **All Other Finalists** will receive a \$4,000 scholarship to attend Seton Hall University (\$1,000 annually).

## How to Enter

Students must submit a 300–500 word statement addressing their thoughts and ideas about how they can be part of the solution and raise awareness or effect change related to one of the UN goals.

To learn more and to submit an entry, visit [shu.edu/go/UNchallenge](http://shu.edu/go/UNchallenge).

## Parents of Seniors:

If your student has a LETTER OF RECOMMENDATION deadline of:

- January 15, the last day to request a letter of rec is **December 14**.

The Scholarship Foundation of Santa Barbara deadline is January 15. Letter of recommendation requests for this application must be submitted to teachers/counselors no later than December 14.

Remember to order official SAT or ACT scores by the required college application deadline.

Rya Carpenter  
Director of Counseling and Student Services  
College Counselor  
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## Spiritual Life – *Mrs. Jennifer Winnewisser*

Each morning during **Advent** the Bishop community will continue to reflect on a quote from Sacred Scripture to go along with our morning prayer. We also pray for an increase of understanding and application of the values of respect, perseverance and compassion. Please pray with and for us as we prepare our hearts and lives for the coming of our Savior.

There are still many wishes to be filled for our **Project Santa** families. Bishop High School has adopted 13 families from Catholic Charities who are deserving of our assistance. Please consider donating a gift or two. Gift tags are placed on class 'trees' with labeled wished-for items. Encourage your students to come by the Mission Center to pull one or two off the tree. Here is how it works:

1. Students pull a tag from their class tree (located in the Mission Center) and report to Mrs. Winnewisser which tag was taken, so as to not duplicate or confuse the process.
2. Students okay the gift item with their parents (okay to trade tag in, just let Mrs. Winnewisser know)
3. Purchase the gift (hopefully with some funds from the students' own wallets)
4. Wrap the gift and include receipts for any shoes or clothing
5. Place originally pulled tag on the wrapped gift
6. Bring wrapped gift with tag attached to the Christmas tree in either the library or the Mission Center on or before December 11th.

7. Additionally, we would like to gift the families with various **household items** such as laundry detergent, family sized shampoos, bars of soap, toothpaste, etc. Non-perishable foods are also very much appreciated. Please do not wrap these donations.

**Project Santa Delivery Day!** The families will be expecting the delivery of the Christmas gifts on Saturday morning, December 15th between 9-noon. Bishop students are encouraged to come along! We will load onto the Santa Barbara Trolley with Santa Claus in tow. Students are encouraged to sign-up and bring in permission slips for this meaningful adventure right away. The trolley fills up quickly! Christian service hours will be honored for their time.

**Delivery Day drivers needed!** We will need to cart the packages from home to home. If you can take a load of presents and follow Santa's sleigh (trolley) on the 15th, please let Mrs. Winnewisser know. Parent service hours will be honored.

Jennifer Winnewisser  
Director of Campus Ministry & Spiritual Life  
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## ***Athletics – Mr. Dan Peeters***

### **Winter Schedules available online -- come out and support our student athletes!**

Christmas Break is fast approaching. Please have your students empty their sports locker of all their clothes and sports equipment. This is a great time to get all clothing cleaned and equipment accounted for. Thank you

Go Cards

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## Upcoming Athletic Events

### December 11

Girls Soccer @ Orcutt Academy 3:15p **EARLY RELEASE 12:50p**

### Thursday December 13

Girls Soccer @ Laguna Blanca 3:15p **EARLY RELEASE 2:00p**

Girls Basketball Home vs Thacher 6:00p **NO EARLY RELEASE**

Boys Soccer @ St. Bonaventure 3:15p **EARLY RELEASE 1:20p**

Boys Varsity Basketball @ Carpinteria Tourney vs Santa Ynez 8:00p **NO EARLY RELEASE**

### Friday December 14

Boys Frosh/Soph Basketball @ Cate 4:00p **EARLY RELEASE 2:30p**

Boys Varsity Basketball @ Carpinteria Tourney vs Carpinteria 6:30p **NO EARLY RELEASE**

### Saturday December 15

Boys Frosh/Soph Basketball Home vs Dos Pueblos 12:00p

Boys Varsity Basketball @ Carpinteria Tourney vs Atascadero 1:30p

## Upcoming Bishop Events Calendar

12/9

Sunday Obligation

Rotation 6

5:30 pm Fall Sports Banquet

12/12

**NO BISHOP PLUS**

12/13

**NO BISHOP PLUS**

Admissions Wrap Party

12/14

Christmas Fair

12/15

Project Santa Delivery

## Bishop Events Looking Ahead ...

12/16

Sunday Obligation

12/17

8:30 am - Final Exams Per. 1, 2, 3

12/18

8:30 am - Final Exams Per. 4, 5

12/19

8:30 am - Final Exams Per. 6, 7

12/20

Christmas Break

1/3

School Resumes

**NO BISHOP PLUS**

1/7

7:45 am STEAM Society Group Meeting

5:00 pm PSAT and Mock ACT Scores

6:00 pm Junior Parent College Information Night

1/12

Entrance Placement Exam

1/15

5:00 pm Admissions Information Night

1/16

3:00 pm Last day to make schedule changes

1/17

Tuition Assistance and Scholarship Applications due

1/18

CSF/NHS Application Deadline By 3:30 pm

1/21

No School

1/26

Entrance Placement Exam