Dear Bishop Community,

As your sons and daughters settle into the new school year, I am hopeful they share with you the great things that are happening at Bishop Diego! As a parent of soon-to-be teens, however, I am also realistic in this expectation. If your kids are anything like mine, the answer to the age-old question, “What did you do at school today?” is more often than not, “NOTHING.” We all know this is not true, but it can be difficult to get those conversations started! However, given the maturing teenage mind and rapidly growing bodies, I am willing to bet that you are hearing about the amazing new food being served at BDHS in the Cardinal Café. While this is quite true and we are so excited for this new service, we have some other “new” additions to the Bishop Diego experience that I am excited to share with you.

Back-to-School Night will be a wonderful opportunity to share more with you in person, but I would like to highlight the new Cardinal Time program. We are fortunate to have data from the senior exit interviews we hold each year to be able to constantly evaluate our entire program here at Bishop. We want and need to do more to foster community and school spirit among our Cardinals yet recognize the demands placed on young people today are great and they are spread thin. In order to allow for greater community building and in recognizing the emphasis we put on being a college-prep environment, we have adjusted the focus of our former Wednesday and Thursday Family Homeroom program.

During Bishop Plus weeks, the 30-minute period immediately before lunch on Wednesday and Thursday will be dedicated to Cardinal Time. Each grade level has 5 teachers assigned for the year as Cardinal Time moderators. These moderators will oversee activities and get to know the students in their particular grade level. This time will be used for a variety of scheduled community
and spirit-building activities between and within grade-levels. However, we have also built in time for students to take care of all the things that fall in the “other” category – those things that contribute to the well-rounded experience we aim to provide here at Bishop but find there is not always time for! We aim to have a robust program of Club offerings at Bishop – this time will allow for greater involvement of our students and faculty in clubs, as we recognize after school and lunch breaks are typically full of other commitments. We want Spirit Week and WOW Week to showcase the Cardinal pride in all our students and teachers – this built in time will allow for ALL students and teachers to get involved in the planning and execution of such events! ASB officers will be able to connect with their classes more regularly with the support of Cardinal Moderators all year. We recognize the majority of our students play a sport at Bishop and often get home late from an away contest – students may choose to use this time to get extra help from a teacher if they could not make it to an early morning office hour. Perhaps your son or daughter is in STEAM or choir and worries about missing class to attend additional meetings or practices – this time will allow them to get involved in these programs without burdening their already busy schedules.

I have outlined for you just a few examples of how this Cardinal Time will be used. As you can see, the benefits to Cardinal Time are endless for our students as they continue to develop the skill of responsible decision-making and time management in a college prep environment. We aim to strike a balance between structured, teacher directed activities that will help foster school pride among our students, and independent time that will help students manage their busy lives as Cardinals. I would like to thank our Cardinal Time Coordinator, Ms. Stacey Carr, as well as our Cardinal Moderators, for their enthusiasm and willingness to implement this program for the benefit of our Cardinal community!

In closing, I would like to emphasize the continued importance of our three Core Values: Respect, Perseverance, and Compassion. Founded on the teachings of Jesus Christ and the Catholic Church, these Core Values are integral to the mission here at Bishop Diego High School. While traditionally the explicit teaching of these values was the focus of the Family Homeroom Program, we firmly believe these values should permeate everything we do here at Bishop. I am proud to say that it is in the authentic, daily interactions our students have with each other, their teachers, coaches, and administrators, that our students report that they best understand the values of respect, perseverance, and compassion and are then able to embody these characteristics in all
areas of their life. While Family Homeroom has evolved into Cardinal Time, our Core Values and the emphasis we place on them remain as strong as ever at Bishop Diego.

Have a wonderful week!

Yours in Christ,

Mrs. Karen Regan

Head of School

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**Admissions and Advancement – Dr. Cristy McNay**

**Middle School Multimedia Night & Admissions Information Night**

**September 24, 2019 @ 5:30 p.m.**

If you know someone who is thinking about Bishop Diego, help us spread the word!

During Admissions Information Night, prospective parents will learn more about the admissions process and what makes Bishop Diego High School the only school for their student! Guests are welcome to attend a casual evening in our library to speak with current students, teachers, and administrators, ask questions, and get to know why Bishop Diego is the best opportunity in Santa Barbara and the surrounding communities!

While parents attend Admissions Information Night, middle school students in grades 6, 7, & 8 are invited to Multimedia Night at Bishop Diego High School! They will experience our state-of-the-art broadcast and sound studios and create something very special to take home that night! Our own BDTV and Sound & Design students will be on hand to show them the ropes and share why BDHS is the only place to be! Space is extremely limited and an RSVP is required. Families can RSVP for both events by submitting an online inquiry at [www.bishopdiego.org](http://www.bishopdiego.org).

**Cardinal Event Tickets/Family Fundraising Commitment**

Raffle tickets were handed out at the Back to School BBQ but if we missed you, your family’s tickets will be mailed to the primary address listed for your family.
This year’s Cardinal Event is scheduled for Saturday, October 5th and it once again promises to be a wonderful evening of fun, food, and friendship. Casual, sports-themed attire sets the tone and is the perfect way to celebrate our Girls and Boys sports teams at this 21 & over event! We thank you in advance for supporting the Cardinal Club’s biggest fundraiser of the year.

As a reminder, each Bishop family has committed to purchasing or selling TWO Cardinal Event tickets, as listed in the financial contract signed at the time of enrollment. The grand prize is $10,000 with many smaller cash prizes, including a $500 early bird prize, to be awarded. Tickets are $150 each and each ticket provides entry for TWO to the event, a delicious BBQ dinner, drinks, and one entry into the raffle. If the tickets are not sold by October 4th, the fundraising commitment for any unsold tickets will be billed through FACTS. All families must participate, so don’t miss out on the chance to win $10,000!

Warmly,

Dr. Cristy McNay
Director of Admissions and Advancement
(805) 967-1266, ext. 118
cmcnay@bishopdiego.org

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Curriculum & Instruction – Mr. Tim Flanagan

WELCOME TO BD CLASSROOM!

Emails with instructions on how to access student assignments, grades and much more went home on Friday 23, 2019. As mentioned in the email, the school will be sending pairing codes to all parents on Friday, September 6, 2019, after the schedule change period has ended. There are also instructions in the email on how your student may give you a pairing code should you want to access their classes sooner. Please contact Tim Flanagan if you did not receive the email or if you have questions about the process. Most student information will no longer be available in PCR.

Seniors and Senior Parents:

There have been updates made on the Senior Calendar (Important Dates) for the year. Please check out the new due dates, etc. and your Cornerstone Picture Form for the Senior Portrait.
A Senior Packet will be going home with all senior paperwork needed for the school year on Back to School Night, September 12th. This will be a night you do not want to miss.
You will find the senior calendar as one of the Links in the Newsletter.

Welcome back Cardinals!

Tim Flanagan
Director of Curriculum & Instruction
(805) 967-1266, ext. 115
tflanagan@bishopdiego.org

Counseling Services – Mrs. Rya Carpenter

COLLEGES VISITING SANTA BARBARA –

Thursday, September 5th at 7:50am
· California Lutheran University
· College and Career Center
· Open to students and parents

Friday, September 13 at lunch
· Grand Canyon University in the Quad

Friday, September 20 at 7:50am
· Westmont in the Library
· Lehigh University in the College and Career Center

Monday, September 23 at 7:50am
· Santa Clara University in the College and Career Center
· University of Miami in the Library
· Open to students and parents

Tuesday, September 24 at 7:50am
· Princeton University
· College and Career Center
· Open to students and parents

Monday, September 30 at 7:50am
· Haverford College in the College and Career Center
· Skidmore College in the Library
· Open to students and parents
Monday, September 30 at lunch
· Trinity University in the Quad

Duke, Georgetown, Harvard, UPenn and Stanford will host an information session for students and parents on Thursday, September 19 from 7:00pm-9:00pm at the Hilton Garden Inn, Goleta. To RSVP, visit: https://uapply.georgetown.edu/register/SantaBarbaraECO2019#ga=2.253713423.725673256.1566848877-2128153782.1566848877

Tufts University will host an information session on the topic of “Breaking Down Highly Selective Admissions”: Sunday, September 22 at 1:30pm; Hilton Los Angeles. RSVP at: https://admissions.tufts.edu/visit/in-your-area.

SCHEDULES - The deadline to request a schedule change with Ms. Anderson is Thursday, September 5 at 3:30pm.

AP EXAMS - This ONLY applies to students who are taking courses with AP in the title, which stands for Advanced Placement. If a student has an AP Course in their schedule, students must commit to taking the AP Exam no later than September 26. On this date, students in AP Courses will be invoiced by Bishop, $120.00 for each AP exam. Final payment for these exams will be due no later than October 17. If you have questions, please contact rcarpenter@bishopdiego.org.

TEST PREP – The deadline to register for the fall SAT/ACT bootcamp is September 13. Those interested in taking the SAT or ACT this semester may wish to register for the fall Bootcamp. The cost is $299.00 and the class will take place September 20-22. The 20th is a practice exam, which students are welcome to take at home if they will be at the football game that evening. This bootcamp is an excellent option for seniors looking to boost their score before going into the October, November or December exams. Juniors who think they have a chance to score in the top tier on the PSAT may wish to consider this fall bootcamp as well. Register at: http://tutorsacrossamerica.com/ACTcourse.

CSF/NHS Applications – Due no later than Friday, September 5 at 3:30pm
For instructions on how to apply for CSF and NHS, please watch this short video: https://bgdhs.instructuremedia.com/embed/73afc722-493b-4326-af6d-da985089735b

About CSF and NHS:

Open to Sophomores, Juniors and Seniors: The National Honor Society (NHS) is the nation’s premier organization established to recognize outstanding high school students. More than just an honor roll, NHS serves to recognize students who have demonstrated excellence in the areas of Scholarship, Leadership, Service, and Character. Membership in NHS requires a minimum cumulative 3.75 GPA each semester. A student will be notified if he/she has dropped below the minimum GPA and a warning will be given. Additionally, students are expected to continue achievement in Leadership, Service, and Character. If a student shows behavior or actions that go against the quality of the areas of Leadership, Service, and Character he/she may lose recognition of membership. Students involved with NHS are honored at the Bishop graduation ceremony. Plus, membership may be attractive in the college admissions process.

Each semester, NHS students are required to fulfill 2 hours of Bishop Peer-Tutoring. Hours can be counted toward students’ Christian Service Hours and are to be signed-off by Ms. Anderson. Students in grades 10-12 with at least a 3.75 GPA are invited to complete an application, which is available on the BD Counseling Website in Canvas. Students must renew membership each semester.

Open to Sophomores, Juniors and Seniors: The California Scholarship Federation (CSF) emphasizes high standards of scholarship and community service for California high school students. Founded in 1921, the CSF is the oldest scholarship institution in the state of California. There are two types of membership in CSF. The first CSF membership is the highest honor which is the most selective membership type. Students with the highest honor membership have earned six semesters of membership in CSF. To participate in the California Scholarship Federation (CSF), students are required to apply each semester to continue enrollment. Students in grades 10-12 with at least a 3.5 GPA are invited to complete an application, which is available on the BD Counseling Website in Canvas.

Free College Application Webinars:

September 12, 5:00 PM PDT: How to Make Your Common App a Lot Less Common (https://www.eventbrite.com/e/how-to-make-your-common-app-a-lot-less-common-webinar-tickets-70347458141)
September 24, 5:00 PM PDT: The Art of the Supplemental Essay (https://www.eventbrite.com/e/the-art-of-the-supplemental-essay-webinar-tickets-70378186049)

October 8, 5:00 PM PDT: College Admissions: State of the Union (https://www.eventbrite.com/e/college-admissions-state-of-the-union-webinar-tickets-70378619345)

October 22, 5:00 PM PDT: Acing Your University of California App (https://www.eventbrite.com/e/acing-your-university-of-california-app-webinar-tickets-70378886143)

November 5, 5:00 PM PST: Full STEAM Ahead: Selecting Your Major (And Getting In!) (https://www.eventbrite.com/e/full-steam-ahead-selecting-your-major-and-getting-in-webinar-tickets-70378950335)

Scholarship application for SENIORS:

The 2020 MVS application is now open. Applications can be found online at enf.elks.org/MVS. The application deadline is November 5th.

The Elks National Foundation (ENF) awards 500 four-year scholarships based on scholarship, leadership, and financial need. National awards range from $1,000 per year to $12,500 per year. The national awards are announced in April 2020.

MVS scholarships are for students pursuing a four-year degree on a full-time basis (minimum of 12 semester hours), at a U.S. college or university. Eligible applicants include:

· Current high school seniors (or equivalent) who are citizens of the United States.
· Applicants do not have to be related to a member of the Elks, nor do they have to have an affiliation with Santa Barbara Lodge #613.

Complete details can be found at enf.elks.org/MVS.

Legacy Awards – The Legacy Awards program begins on September 1st. Legacy Awards provide $4,000 scholarships for children and grandchildren of dues-paying Elk members. The ENF offers a total of 300 national awards. Like the MVS contest, the Legacy Awards application is entirely online. The application deadline is January 31, 2020 at 11:59 a.m., Central Time. Please visit https://www.elks.org/scholars/scholarships/Legacy.cfm for more details and the application link.

2020 Prudential Spirit of Community Awards recognize students in middle and high school who have made meaningful contributions to their communities through volunteer service.
Any student may apply if:

- In grade 5-12 and a legal resident of one of the 50 states or District of Columbia
- Has engaged in a volunteer activity that occurred at least in part after September 1, 2018
- Completes an application and submits to Mrs. Carpenter by November 5, 2019.
- Apply at spirit.prudential.com or nassp.org/spirit

Rya Carpenter
Director of Counseling and Student Services
College Counselor
(805) 967-1266, ext. 104
rcarpenter@bishopdiego.org

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**Spiritual Life – Mrs. Jennifer Winnewisser**

**PERSEVERANCE** - Great works are performed not by strength, but by perseverance. ~Samuel Johnson

This Friday our main gym will be transformed into a house of worship! Our Welcome Mass of the Holy Spirit will take place at 12:08 and we welcome Msgr. Jon Majarucon from St. Raphael Church as our celebrant. Please know that parents are always welcome!

The Sophomore Retreat will take place on Tuesday, September 17th at Tucker's Grove Park. 10th graders will not come to school but go directly to the park. Please note that your retreat doesn't start until 9:00am and will end at 3:00pm. More detailed information will be sent out soon.

Have a blessed week!

Jennifer Winnewisser
Director of Campus Ministry & Spiritual Life
(805) 967-1266, ext. 123
jwinnewisser@bishopdiego.org
Athletics – Mr. Mike Cano

Fall sports teams are still looking for participants. It's not too late to join cross-country, girls tennis, water polo and girls golf. Please contact Mr. Cano for further information.

Sports Passes are available at the front desk. Please contact Mrs. Callow for more information.
Sports Pass pricing: All sports $50.00 One Sport $25.00

Come out and Support the Cardinals!

Mike Cano
Director of Athletics
(805) 967-1266, ext. 107
mcano@bishopdiego.org

Athletic Contests Week of September 2 - 7:

Thursday September 5
JV Football @ Lompoc 5:00p

Friday September 6
Varsity Football @ Lompoc 7:00p

Saturday September 7
Girls Volleyball Home vs Villanova JV 2:00p Varsity 3:00p

Dean of Students – Ms. Stacey Carr

The Parent Student Handbook, pages 36-37, The Spirit of Cardinal Attire and Appearance set forth school policies for both casual and professional dress and grooming. In considering dress and in adhering to our school dress standards, the school hopes to facilitate growth of students in the area of respect, one of our school’s Core Values.
Often, dress code violations are the result of a student either a) ignoring what they know to be a school requirement or b) failing to prepare for the school day in terms of having appropriate and clean dress available. Students are spoken to about the reality that success in a professional workplace is, in fact, dependent upon understanding, preparing for, and complying with expected norms including appearance (grooming) and dress. Part of our responsibility is assisting students in preparing for life beyond Bishop Diego High School.

At other times, issues with attire are not an intentional flaunting of the dress code or grooming policy but, rather, result from a student simply failing to understand and/or appreciate that a particular location (such as our campus) or event requires different or heightened awareness of what is expected in terms of dress. Faculty may encounter this in circumstances where dress is “borderline” or, as in the case of semi-formal dress days, when appearance is particularly valued. In those circumstances, discussions are modeled with compassion in taking the time to explain the reason for our concern regarding the attire, acknowledging that what might be appropriate outside of the school or event is not appropriate within the school or event context. This is especially true when dealing with new students.

In discussing the school’s expectations on grooming and dress with your child, discussion and reflection may be prompted with questions such as these:
1. Have you encountered teens whose dress or appearance was inappropriate, shocking or surprising? What about that dress seemed inappropriate?
2. If you were going to a college admissions interview, describe how you would dress and why?
3. Why do you think some companies or employers require employees to wear uniforms? What is the message they are trying to send and to whom?
4. As a school based in Christian values, should students be expected to dress differently than public school students? Why or why not? Should a visitor to a public and private school be able to see the difference?
5. What judgments do you think people make based upon someone’s dress or appearance? Why? Are those judgments accurate? Fair?
6. Do you believe that someone’s appearance or dress can be distracting? When?
7. Why do you think the school requires semi-formal dress for Mass?
In addressing dress code and grooming concerns, it is worthwhile to ask students to reflect on, and take ownership, of their ability to control their appearance. It is rare that a student is unable to control their dress or grooming and encouraging them to acknowledge that control and ability to “do better” promotes self-respect. Imposing a consequence, when appropriate, for failing to do so likewise demonstrate to the student that their decision making has meaning.

Some questions you may want to discuss at home include:

1. At what age should a person be expected to make their own decisions regarding the way they dress? Why that age?
2. Can you think of any time(s) when you do not have a choice in the way you dress? Why is that? (i.e. sports teams, special events like marriage, funeral, Ambassador shirt)
3. If a student has repeated issues regarding a dress code requirement, what does it reflect?
4. In our modern society, tattoos and visible piercings are more and more common. Why do you think that is? Why would or should there be a different standard for students in a Catholic school?
5. How can choices you make about the way you dress actually promote your self-respect?

I hope the above example gives you an idea of how the school attempts to address students with respect to conduct issues and breaches of expected norms of community standards here at Bishop.

Please meet our Cardinal Time Moderators for the 2019-2020 school year.

Cardinal Time Moderators for the Class of 2023

- Mr. Aijian
- Mr. Ibarra
- Ms. Pool
- Mrs. Sodusta
- Mrs. Winnewisser
Cardinal Time Moderators for the Class of 2022

• Mr. Eggman
• Mrs. Cortina
• Dr. Anderson-Cain
• Mrs. Schroeder
• Ms. Combs

Cardinal Time Moderators for the Class of 2021

• Mr. Stevens
• Ms. Harris
• Mrs. Adam
• Dr. Shafer
• Mrs. Lalumandiere

Cardinal Time Moderators for the Class of 2020

• Mr. Levoff
• Ms. Thorstad
• Mrs. Williams
• Mrs. Hapeman
• Mrs. Raimondi

Friendly BDHS Reminders......

School Parking Lot:
If you are dropping off your son/daughter please pull to the curb, not the middle of the road, this will help the traffic flow. Keep in mind, first period tardies are unexcused. Students need to be at school in class by 8:20am. **It’s highly recommended students arrive by 8:00am** to ensure enough time for your son and/or daughter to get their academic materials from their locker and to lock up with athletic gear in the locker room.

Medication and Cold Season:
With the start of the new school year and the upcoming cold season students may need medications during the school day. A reminder all medications (even for a cold) need to be given to Mrs. Callow
in the front office with a note from the parent and/or Doctor. Medications should not be with the student. The student has access to his or her medicine during the day. Also, if your student exhibits flu-like symptoms, with a fever, they should not return to school until 24 hours after the fever has subsided.

**Student Pictures: September 6, 2019**

The students received a photo packet from Cornerstone Photography in their Religion class on Friday. Please ask them for the packet so you can select your picture options for your student.

"It's important to surround yourself with people who say, yes, and how can I help you achieve what you want to achieve?"

Go Cardinals,

Stacey L. Carr, M.Ed.
Dean of Students
(805) 967-1266, ext. 105
scarr@bishopdiego.org

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**Upcoming Bishop Events Calendar**

9/1
Sunday Obligation
Rotation 7

9/2
Labor Day – No School

9/4
**BISHOP PLUS 1,2,3,4**

9/5
**BISHOP PLUS 7,5,6**
8:20 am – Last day to Request Schedule Changes
Picture Day
Welcome Mass
3:00 pm – CSF/NHS Applications Due
Football Game - (Away vs. Lompoc)

Bishop Events Looking Ahead ...

Welcome Week
Transfer Student Lunch

Welcome Week

Welcome Week

Welcome Week
6:00 pm – Back to School Night

Welcome Week
Mass Schedule for Lip Syncs
Football Game (Away vs. Nipomo)

Welcome Dance

Sophomore Retreat

Football Game (Home vs. Chicago Hope)
4:00 pm - 8:30 pm: SAT/ACT Bootcamp

9:00 am – 6:00 pm: SAT/ACT Bootcamp
9/24
5:30 - Admissions Information Night
5:30 pm – Middle School Movie Night

9/26
Junior Retreat

9/27
Junior Retreat
Bye Week (No Game)

10/1
Senior Portraits

10/2
5:00 pm – FAFSA Workshop
5:30 pm – New Parent Social
6:30 pm - Senior Parent College Information Night

10/4
Assembly Bell
Blessing of the Animals
FB Game (Away vs. Grace Brethren)

10/5
6:00 pm – Cardinal Event

10/9
Senior Cap and Gown Measuring

10/11
Extended Lunch
FB Game (home vs. Camarillo)

10/16
8:20 am - Freshman College & Career Experience
8:20 am - PSAT Exam
8:30 am – Senior Kayaking Adventure at the Santa Barbara Harbor