Dear Bishop Community,

This week I had the pleasure of welcoming our faculty and staff to the 2019-20 school year. A wonderful group of 44 individuals committed to the mission and students of Bishop Diego, we gathered to kick off our year together! It was a joyful, productive time during which we learned, planned, prayed, and laughed together! I count my blessings daily that I have an opportunity to work with such a dedicated team of professionals. I thank them for all they give of themselves, day in and day out, for the benefit of our students. I am so encouraged by each and every one of these individual’s commitment to a shared vision of excellence for our school and working in concert with our amazing team, I am encouraged and excited for this new year!

I am pleased to share with you an update to our Athletic’s Department. As you may recall, Mr. Mike Cano was appointed Interim Athletic Director at the beginning of June. In the short time Mr. Cano has been leading the department, we have experienced a seamless transition programing, and I would like to personally thank Mr. Cano for his willingness to serve in this capacity. It has been a busy summer of sport at Bishop Diego and under Mr. Cano’s direction, the student athlete experience has been very positive! Thank you, Mr. Cano! As the school year kicks off, I am mindful of the increased level of responsibility and time commitment required to lead the department. I am grateful to Mrs. Brianna Adam for assisting Mr. Cano with his ASB responsibilities, as well as Mr. Tom Crawford, our Auxiliary Head of School, for general over site and support of the athletic department.

Beginning with the second semester in January, we will welcome a new Associate Athletic Director to our staff. No stranger to Bishop, Mr. Aaron Skinner is a BDHS graduate of the Class of 2008 who is eager to return “home” to serve his Alma Mater. Mr. Skinner joins our community after
having earned a B.S. in Anthropology with a certificate in Sports Conflict Management from University of Oregon, as well as a M.S. in Criminology and Criminal Justice from Portland State University. Most recently, Mr. Skinner has worked as the Defensive Coordinator/Assistant Head Football Coach at West Linn High School, during which time he has been able to systematically evaluate programming, identify areas of need, and execute plans for continued growth. Mr. Skinner’s love for Bishop, strong organizational and people skills, as well as his detailed approach to anything he endeavors set him up for great success in the athletic department. Welcome, Aaron!

The energy and enthusiasm surrounding Bishop athletics is contagious! From the enthusiasm of our dedicated coaching staff, spirited cheerleaders, committed parent volunteers, Cardinal Club members, advanced multi-media students, to our die-hard fans and supportive alumni, our Cardinal pride is palpable! I thank each and every member of our community for their dedication to making the athletic experience such a positive and memorable one for the students of Bishop Diego! The life lessons our student athletes learn on the field or on the court in their 4 years at Bishop last a lifetime off the field. I look forward to continued growth in our athletic department as our school population continues to grow! I hope to see you at an upcoming contest!

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Yours in Christ,

Mrs. Karen Regan
Head of School
Our small team of three (Erika Van Wingerden, Tally Lathcam, and me!) has so many exciting things in store for the coming year, including events and new opportunities. Whether it is Admissions Information Night, Open House, Freshman for a Day, Giving Tuesday, welcoming new families, the Gala, or even the Golf Tournament, we have a lot of work to be done and we need parent power to make this year our best yet!

If you might consider joining us as a Parent Ambassador, please let me know right away. Bishop is growing and YOU are the key to the future of our students and their success.

And a BIG thank you goes out to our current Cardinal parent Ambassador team!

**Cardinal Event Tickets/Family Fundraising Commitment**

This year’s Cardinal Event is scheduled for Saturday, October 5\(^{\text{th}}\) and it once again promises to be a wonderful evening of fun, food, and friendship. Casual, sports-themed attire sets the tone and is the perfect way to celebrate our Girls and Boys sports teams at this 21 & over event! We thank you in advance for supporting the Cardinal Club’s biggest fundraiser of the year.

*As a reminder, each Bishop family has committed to purchasing or selling TWO Cardinal Event tickets, as listed in the financial contract signed at the time of enrollment.* The grand prize is $10,000 with many smaller cash prizes, including a $500 early bird prize, to be awarded. Tickets are $150 each and each ticket provides entry for TWO to the event, a delicious BBQ dinner, drinks, and one entry into the raffle. (continued on next page)

Raffle tickets will be handed out at the Back to School BBQ on Tuesday, August 20 and if we miss you, your family’s tickets will be in the front office for pick-up. If the tickets are not sold by October 4\(^{\text{th}}\), the fundraising commitment for any unsold tickets will be billed through FACTS. All families must participate, so don’t miss out on the chance to win $10,000!

Warmly,

Dr. Cristy McNay
Director of Admissions and Advancement
(805) 967-1266, ext. 118
cmcnay@bishopdiego.org
With every school year comes change, and we will be communicating home some important information in the next few weeks regarding **BD Classroom**, our new learning management system, through which parents will see their students' assignments, grades, etc.

First, though, we are excited to welcome new faculty members to our teaching staff:

**Tom Aijian, Class of 2013**, joins our Theology Department & Performing Arts Collaborative with a rich skill set and unique background. After graduating with a B.A. in Television Writing and Production from Chapman University's Dodge College of Film and Media Arts, Tom has worked for a variety of media companies. These stops include Apple, where he worked as a filmmaker, and Microsoft, where he worked on their Windows Virtual Reality technology.

**Leo Ibarra** also joins our Theology Department after teaching Theology and working as the Campus Minister at Bishop Mora Salesian High School in Los Angeles for the past 11 years. His wealth of knowledge and experience in all of the Theology course offerings and spiritual life make him a tremendous addition to our team. Leo did his undergraduate work in Religious Studies at UCSB, and obtained his M.A. in Education from Loyola Marymount.

**Connor Levoff** will be teaching a mix of Humanities classes, including A.P. Government. Connor earned his B.A. in Latin American & Iberian Studies at UCSB, and his M.A. in Teaching at UCLA. He joins the team after 3 years at Dos Pueblos High School, and will also serve as the new Aquatics Director on campus.

**Jackson Stevens** will be teaching Physics and Astronomy classes after obtaining his M.A. in Education from UCSB. Jackson earned his B.S. in Mechanical Engineering from the University of Utah, and worked for several years as an engineer before enrolling at UCSB. This background will allow us to add some new elective options in science and engineering moving forward.
Grace Thorstad will join the Social Science Department, teaching AP U.S. History, CP U.S. History and Government/Economics. Grace earned a B.S. in Secondary Education and History from Marquette University, and has served for the past 6 years as an Officer in the United States Navy where she oversaw five ships, trained junior officers, and helped implement a high-visibility, 26-nation exercise.

Seniors: New this year, there will be a pdf link in the newsletter to “Senior information” throughout the year. Feel free to check this out during the year.

Tim Flanagan
Director of Curriculum & Instruction
(805) 967-1266, ext. 115
tflanagan@bishopdiego.org

Counseling Services – Mrs. Rya Carpenter

Schedules - Parents/guardians of returning students are asked to log into PCR in the near future to look at their student's schedule for 2019-2020. If you have concerns or questions about courses noted, please do not hesitate to contact Ms. Anderson.

Students, sometimes things shuffle around during the summer, so if you already looked at your schedule, it is best to re-check it right before school starts to make certain you have the most current classroom and period assignments.

New students will be given another copy of their schedule the first day of school.

The deadline to request a schedule change with Ms. Anderson is Thursday, September 5 at 3:30pm.
**AP Exams** – The College Board has changed their ordering process and deadline for AP Exams. This ONLY applies to students who are taking courses with AP in the title, which stands for Advanced Placement (typically in 11\(^{th}\) or 12\(^{th}\) grade). If a student has an AP Course in their schedule, students must commit to taking the AP Exam no later than September 26. On this date, students in AP Courses will be charged $120.00 for each AP exam. Final payment for these exams will be due no later than October 17. If you have questions, please contact rcarpenter@bishopdiego.org.

**Out of State College Fair** - Thursday, August 29 at 7:30am in the Quad we will have representatives from several out-of-state colleges on hand to answer your questions and share materials. Please join us before school that day for Coffee with College Counselors in the Quad!

**Seniors interested in Common App essay feedback** from a College Admission Counselor may sign up for a meeting that will take place August 29th. RSVP to Mrs. Carpenter no later than Monday, August 26 at 3:00pm if you would like to participate.

**Test Prep** – The deadline to register for the fall SAT/ACT bootcamp is September 13. Those interested in taking the SAT or ACT this semester may wish to register for the fall Bootcamp. The cost is $299.00 and the class will take place September 20-22. The 20th is a practice exam, which students are welcome to take at home if they will be at the football game that evening. This bootcamp is an excellent option for seniors looking to boost their score before going into the October, November or December exams. Juniors who think they have a chance to score in the top tier on the PSAT may wish to consider this fall bootcamp as well. Register at: [http://tutorsacrossamerica.com/ACTcourse](http://tutorsacrossamerica.com/ACTcourse).

**SAT/ACT Exams** - Seniors are encouraged to wrap up testing in November if at all possible. However, many colleges will take December exams. The key is to plan ahead, taking into consideration extra-curricular activities.

**SAT Dates** - [sat.org/register](http://sat.org/register)

- September 6 deadline to register for October 5 exam
- October 3 deadline to register for November 2 exam
ACT Dates - actstudent.org

- August 16 deadline to register for September 14 exam
- September 20 deadline to register for October 26 exam

FREE Webinar for College & Career Planning:

- August 28, 5 p.m. PDT: How to Craft Compelling, Cliché-Free College Essays
  For more information and to register, visit: https://collegewise.com/seminars

Rya Carpenter
Director of Counseling and Student Services
College Counselor
(805) 967-1266, ext. 104
rcarpenter@bishopdiego.org
"Integrity is built by defeating the temptation to be dishonest; humility grows when we refuse to be prideful; and endurance develops every time you reject the temptation to give up." ~Rick Warren

Campus Ministry is excited to begin the school year! We look forward to exploring faith and building community through class retreats, all-school Masses, prayer services and random acts of service. Thank you for keeping us in your prayers as we will hold each of you in ours.

Mark your calendars for our Welcome Mass on Friday, September 6th in the main gym starting at 12:08pm.

Sophomore Class Retreat will be held on Tuesday, September 17th. More information to come.

May the blessings of our Lord will be with you throughout the year!

Jennifer Winnewisser
Director of Campus Ministry & Spiritual Life
(805) 967-1266, ext. 123
jwinnewisser@bishopdiego.org

Sports Passes will be on sale at the Welcome Back BBQ
All Season Sports Pass $50 One Sport $25.00
Girls Volleyball is hosting the Cardinal Classic. 12 teams from Northern and Southern California will battle it out in this inaugural tournament.

Cardinal Football travels to play Cabrillo in their season opener.
JV 4:00 pm  Varsity  7:00 pm

Please come and support out student/athletes!

REMINDER:
Sports Participation Packet and Physicals:

This message contains important information for all families with students who plan to participate in sports at Bishop Diego this year, so please be sure to read to the end.

If your student plans to participate in any sport at Bishop Diego this year, the following online packet must be completed prior to participation. Students who do not have a completed athletic profile, sports packet, and physical will not be permitted to attend practice or training with any Bishop sports program until they have completed the athletic clearance procedure, as outline below. This applies to ALL students planning to participate in athletics this school year.

I realize that a few families have already turned in a completed sports participation packet, but I respectfully request that you log in to the athletic clearance website and submit your information again electronically. The process takes only about five minutes. You will you will NOT need another sports physical as we will have it on record if you previously turned in a completed packet for the upcoming school year. Please follow these steps to complete the athletic clearance procedure successfully:

• Create an account for your child at www.athleticclearance.com; there is no fee for the account.
  o  If you have multiple children participating in sports you will need to create a separate account for each.
• Complete the online sports participation packet.
• Download a sports physical form to be signed by a physician after they examine your child for athletic readiness (if not already completed).
• Turn in the completed sports physical form at the Athletic Department office or to your child’s head coach (if not already submitted).

Sports physicals and the sports participation packets are good for all three seasons of sport. Most medical centers will perform sports physicals on a walk-in basis if you are unable to see your primary doctor. Going forward, please note that the school does provide free sports physicals in the spring.

Thank you in advance for your work on this.

Mike Cano

**Upcoming Athletic Events:**

**Saturday August 24**

Football @ Cabrillo JV 4:00p Varsity 7:00p Huyck Stadium
Girls Volleyball Home Cardinal Classic Tournament 9:00am

Mike Cano
Director of Athletics
(805) 967-1266, ext. 107
mcano@bishopdiego.org

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**Dean of Students – Ms. Stacey Carr**

Welcome back to our returning Cardinal families and a big “Cardinal” hello to our new families! I would like to take this opportunity to share with you my role as Dean of Students.

Many ask, what is the role of the Dean of Students? – besides imparting discipline. Certainly, evaluating and, if necessary, imposing consequences for inappropriate student conduct is one aspect. But, the more enjoyable part, and by far that part which takes up the majority of my time as Dean, is seeking to utilize interaction with students – no matter whether it is interaction
through referral, casual communication or requested intervention – as formational opportunities to help our young people grow in character, spirit, and maturity. Yes, indeed I talk to students constantly about choices they have made, alternatives to consider, and ways they can simply “do better” but I also strive to connect those choices and actions to the formational objectives and core values of the school. By way of example, even simple choices, such as the decision when to have a phone out during class time, perhaps choice of attire, or the importance of time management to their academic classes, avails itself of the opportunity to enhance awareness of things like respecting the classroom environment and teacher, showing maturity in demonstrating focus while delaying gratification, and simply abiding by community standards --- awareness that will hopefully help a student make appropriate decisions in the context of college or perhaps a future job.

And, so you know, in fact I do encourage teachers to let me know of situations where student choices perhaps give rise to those formational opportunities, not because I want to “impose” a consequence but, rather, because I want to be able to assist both the teacher and student, if need be, in the student’s formational process. Additionally, notifications to me by the teacher allows me, as the Dean to track both positive and negative behaviors that are occurring which helps identify what intervention or consequences, if any, are appropriate (e.g. for a student’s repeated failure to show respect for example) as well as perhaps assist school leadership and faculty in identifying areas of student behavior where the school needs to focus or even clarify a policy or standard. Knowing the key role that you, the parents, play in this important process is also the reason we encourage teacher’s to communicate with parents seeking parental support and counseling even what may seem like minor incidents. Please understand that I’m often copied on those types of communications you may receive from a teacher for one of the reasons mentioned above, not because I’m going to impose a consequence, but for knowledge and support for both the teacher and student.

I hope you have found the above information helpful and I encourage you to contact me anytime you have a question. The school is here to guide your child through the school, and support you with any concerns you may have, as well.

ON A COUPLE OF MORE ROUTINE MATTERS OF COMMON INTEREST:

BDHS Parents please be aware of the following…
School Parking Lot:

If you are dropping off your son/daughter please pull to the curb, not the middle of the road, this will help the traffic flow. Keep in mind, first period tardies are unexcused. Students need to be at school in class by 8:20am. **It’s highly recommended students arrive by 8:00am** to ensure enough time for your son and/or daughter to get their academic materials from their locker and to lock up with athletic gear in the locker room.

Parking Permits:

All students driving themselves to school will need a parking permit from Mrs. Callow. There is no charge for the parking permit. If a student already has a parking permit from last year, the student must show Mrs. Callow to record the permit # along with vehicle make, model and license plate. The parking permit must be displayed at all times; cars may be towed if there is no permit. In addition students are not allowed to park in the back parking lot, this is reserved for faculty and staff. Students must have a parking permit by **Friday, September 6th**.

Medication and Cold Season:

With the start of the new school year and the upcoming cold season students may need medications during the school day. A reminder all medications (even for a cold) need to be given to Mrs. Callow in the front office with a note from the parent and/or Doctor. Medications should not be with the student. The student has access to his or her medicine during the day. Also, if your student exhibits flu-like symptoms, with a fever, they should not return to school until 24 hours after the fever has subsided.

Welcome and Go Cardinals,

Ms. Carr

Dean of Students
(805) 967-1266, ext. 105
scarr@bishopdiego.org
Upcoming Bishop Events Calendar

8/19
Faculty/Staff Inservice

8/20
Faculty/Staff Inservice
5:00 pm – Welcome Back BBQ at the Bishop Patio
6:00 pm – Fall Sports Parent Meeting

8/21
8:20 am – Freshmen Orientation

8/22
First Day of School

8/24
Football Game (Away vs. Cabrillo)

Bishop Events Looking Ahead …

8/29
7:30 am – Coffee in the Quad Spotlighting College Counseling
7:30 am – Out-of-State College Fair

8/30
Football Game – (Home vs. St. Bonnie)

9/2
Labor Day – No School

9/5
8:20 am – Last day to Request Schedule Changes

9/6
Picture Day
Welcome Mass
Football Game - (Away vs. Lompoc)

9/9
Welcome Week
Transfer Student Lunch
9/10
Welcome Week

9/11
Welcome Week

9/12
Welcome Week
6:00 pm – Back to School Night

9/13
Welcome Week
Football Game (Away vs. Nipomo)

9/14
Welcome Dance

9/17
Sophomore Retreat

9/20
Football Game (Home vs. Chicago Hope)
4:00 pm - 8:30 pm: SAT/ACT Bootcamp

9/21
9:00 am – 6:00 pm: SAT/ACT Bootcamp

9/22
9:00 am – 6:00 pm: SAT/ACT Bootcamp

9/24
5:30- Admissions Information Night
5:30 pm – Middle School Movie Night

9/26
Junior Retreat

9/27
Junior Retreat
Bye Week (No Game)