



Weekly Newsletter  
For the Week of August 16, 2020 – August 22, 2020

*“On the journey, which is so often difficult, we are not alone, we are so many, we are one people.”*

*—Pope Francis*

Dear Cardinals,

As the beginning of a new school year nears, it may be helpful to reflect on Pope Francis’ message that we are never alone; we are one family. As human beings, our minds crave predictability, and all of us have been forging ahead these past several months surrounded by uncertainty. As a Cardinal Family, though, we can rely on the fact that we will love each other, support each other, and work with each other, as brothers and sisters, to make great strides this year. On campus, I have been witness to this love every day, as teachers and parents have volunteered their time to prepare the physical, mental and technological space our students enter this year. The desire of our teachers to serve our students has been humbling. And their perseverance, flexibility and good humor in the face of new challenges has been inspiring. I am sure their spirit will be infused in our students throughout this year.

The **next newsletter will be sent on Tuesday, August 25th** to communicate the details of school opening, whether remote or in-person. Included in that letter will be information on the daily schedule for classes, orientation to the new school year and procedures, training sessions for families on the upgrades to the BD Classroom and its integration with Echo 360 and Zoom, and much more. Below, you will find a link to a survey through Google Forms intended to help us identify the tech needs of various families/students should they be learning remotely. Also, the Form solicits student cell phone numbers. This is to help facilitate health screening in-take once students are allowed to return to campus for school. **SAFER** is a software purchased by Bishop which will text a link each morning to all students and staff. Once the screening is completed, the software will send you a text either telling you that you are cleared to attend

school that day, or alert you that you need to stay home. Temperatures will be taken at the gates, but the green “check” on the cell phone’s screen will speed up student arrivals. More on this process will be forthcoming once clearance from SBCPHD is obtained. If your son/daughter does not have a necessary device, please contact Tom Crawford ([tcrawford@bishopdiego.org](mailto:tcrawford@bishopdiego.org)), or write “None” in place of a number.

**Please click HERE to fill out the survey.** <https://forms.gle/hX2EmuaEkuARCe3N6>

Once again, I look forward to continuing on this journey with our Cardinal Family, and remind any parent, student or staff member who wishes to participate in the **Social Justice Advisory Committee** to contact Rya Carpenter ([rcarpenter@bishopdiego.org](mailto:rcarpenter@bishopdiego.org)). Meetings are planned to begin in late September.

Yours in Christ,

Tim Flanagan

## Counseling Services – *Mrs. Rya Carpenter*

**SCHEDULES:** As a friendly reminder, schedules have been set and every student should already know their schedule for fall semester. If you are having trouble finding your schedule, please reach out to Ms. Gonzalez for assistance: [lgonzalez@bishopdiego.org](mailto:lgonzalez@bishopdiego.org).

**TEXTBOOKS:** By now you should have ordered your textbooks for the school year. In case helpful, here is the link for textbook information: <https://www.bishopdiego.org/academics-welcome/textbook-list>

**SUMMER READING:** All students in grades 9-12 have a summer reading requirement, which can be found here: <https://www.bishopdiego.org/academics-welcome/summer-reading>

**Seniors:** The Elks Foundation has opened their scholarship application, available at: <http://www.elks.org/enf/scholars/mvs.cfm>. The maximum award offered is worth \$50,000. The deadline to apply is November 15. Below is contact information for our local representative.

Mr. Migliacci is excited to have Bishop students apply and wants to emphasize that

students should not hesitate to reach out to him for support during the application process.

Bill Migliacci

Scholarship Chairman

Santa Barbara Elks Lodge #613

805 428 2277

### **Mindful & Compassionate Listening Workshop:**

Connection that makes a difference for parents, educators, providers, and teens

- **SPEAKER:** Dave Mochel
- **DATE: SUNDAY, AUG 23**
- **TIME:** 4:00PM - 5:30PM
- **REGISTER:** [https://zoom.us/meeting/register/tJAscO-qrDMuHNJlpqf\\_40rutdc0UagMEnOi](https://zoom.us/meeting/register/tJAscO-qrDMuHNJlpqf_40rutdc0UagMEnOi)

It is a great time for all of us to improve communication as we quarantine with our youth 24/7. Dave Mochel is inspiring, relatable and you will leave with great tools that will impact both your personal and professional lives. Parents with children of any age will benefit as will educators and providers.

**\*\*MORE DETAILS:** <https://youthwell.org/workshops/>

### **Learn how to...**

- build skills of deep, empathic listening
- speak from your heart
- help others by doing less
- ask the right questions
- reflect on your own judgment & biases
- listen & communicate assertively

### **Social Justice Advisory Council at Bishop:**

Don't forget to email [rcarpenter@bishopdiego.org](mailto:rcarpenter@bishopdiego.org) if you are interested in joining this effort. And, on this topic, there is an online speaker series being hosted by the Santa Barbara Mission. Details are outlined below:

Thursday, August 20<sup>th</sup> at 5:30pm

The Journey Continues: My Family's Long Association with the Santa Barbara Mission  
James Yee, Chair of the Tribal Council of the Barbareño Band of Chumash Indians

Thursday, August 27 at 5:30pm

Don't Kill Me Sister: Race and Gender in Mexican California  
Dr. Miroslava Chavez-Garcia  
Professor of History, UCSB

Thursday, September 3<sup>rd</sup> at 5:30pm

Asian American Communities in California  
Dr. Lily Anne Welty Tamai  
Asian American Studies, UCSB

Thursday, September 10<sup>th</sup> at 5:30pm

Black Leaders of Leisure in their Struggle for Freedom and the California Dream during the Jim Crow Era: The Implications of these Stories for Our Lives Today  
Dr. Alison Rose Jefferson  
Historian and Heritage Conservation Consultant

Register at: [www.santabarbaramission.org/exploring-race](http://www.santabarbaramission.org/exploring-race)

All sessions will be recorded and posted on the Old Mission Santa Barbara website for the community to access the Friday following each session. You can find them on the OMSB Virtual page of the Old Mission Santa Barbara website.

For questions regarding the speaker series, please reach out to Suzy Plott at [development@sboldmission.org](mailto:development@sboldmission.org).

**Hiking Club:** Mrs. Carpenter is starting a hiking club for Bishop students. We will go on one hike per week, starting at 3:30pm. In order to participate, students must be able to provide their own transportation to and from the hiking trail. Students must also adhere to county health

guidelines related to social distancing and face coverings. If you are interested in more information about this club, please email: [rcarpenter@bishopdiego.org](mailto:rcarpenter@bishopdiego.org).

**NATIONAL HONORS SOCIETY APPLICATION IS OPEN - Sophomores, Juniors and Seniors**, The National Honor Society (NHS) is the nation's premier organization established to recognize outstanding high school students. More than just an honor roll, NHS serves to recognize students who have demonstrated excellence in the areas of Scholarship, Leadership, Service, and Character. Membership in NHS requires a minimum cumulative 3.75 GPA each semester. A student will be notified if he/she has dropped below the minimum GPA and a warning will be given. Additionally, students are expected to continue achievement in Leadership, Service, and Character. If a student shows behavior or actions that go against the quality of the areas of Leadership, Service, and Character he/she may lose recognition of membership. Students involved with NHS are honored at the Bishop graduation ceremony.

**Each semester**, NHS students are required to renew their NHS Contract online, pay the \$5.00 membership fee, and fulfill 2 hours of Bishop Peer-Tutoring. Hours can be counted toward students' Christian Service Hours and are to be signed-off by Ms. Anderson. Students in grades 10-12 with at least a 3.75 GPA are invited to complete an application by logging in to BD Classroom. Click on the "Counseling Website" course. Select "Quizzes" and then click on the "National Honors Society (NHS) Application and Contract - Fall 2020.

**Application deadline is September 25th, 2020. No late applications accepted.**

**CALIFORNIA SCHOLARSHIP FEDERATION APPLICATION IS OPEN - Juniors and Seniors**, the California Scholarship Federation (CSF) emphasizes high standards of scholarship and community service for California high school students. Founded in 1921, the CSF is the oldest scholarship institution in the state of California. There are two types of membership in CSF. The first CSF membership is the highest honor which is the most selective membership type. Students with the highest honor membership have earned six semesters of membership in CSF. To participate in the California Scholarship Federation (CSF), students are required to apply each semester and pay the \$5.00 membership fee to continue enrollment. Students in grades 11-12 with at least a 3.5 GPA are invited to complete an application, by logging in to BD Classroom. Click on the "Counseling Website" course. Select "Quizzes" and then click on the "CSF Application - Fall 2020".

**Application deadline is September 25th, 2020. No late applications accepted.**

**After School Tutoring Program at Bishop** - We are excited to announce that we have partnered with Gateway Educational Services in order to bring professional tutoring to Bishop students, on campus, after school. Of course, this in-person program will coincide with the opening of in-person instruction at Bishop. If we are required by the state to start the school year virtually, Gateway's services will be provided in that format as well.

Spaces are limited, as the tutoring cohorts are intentionally small for personalized, high quality support. First come, first served, with a final registration deadline of September 25th. Gateway tutors are current students or recent graduates from UCSB. Since Gateway is a non-profit agency, they are able to offer tutoring based on a sliding scale, according to financial need. For those who do not have qualifying financial need, you may find that their prices are still very competitive. 45-minute tutoring sessions will be available, Monday-Thursday during the hours of 4:00pm - 6:30pm. If you are interested, please contact Gateway directly at 805-895-1153, or [info@gatewayeducationalservices.org](mailto:info@gatewayeducationalservices.org).

**SAT/ACT EXAMS** - Seniors are encouraged to wrap up testing in November if at all possible. However, many colleges will take December exams. Of course, nearly all colleges are test-optional for this year. So, if you are unable to register for a test, please do not let this cause you stress. You will have many college options with or without the SAT or ACT exam.

SAT Dates - [sat.org/register](https://sat.org/register)

- September 4 deadline to register for October 3 exam
- October 9 deadline to register for November 7 exam

ACT Dates - [actstudent.org](https://actstudent.org)

- August 14 deadline to register for September 12 exam
- September 18 deadline to register for October 24 exam

**Test Prep** – The deadline to register for the fall SAT/ACT bootcamp is September 11. Those interested in taking the SAT or ACT this semester may wish to register for the fall Bootcamp. The cost is \$299.00 and the class will take place September 25-27. This bootcamp is an excellent option for seniors looking to boost their score before going into the October,

November or December exams. Juniors who think they have a chance to score in the top tier on the PSAT may wish to consider our bootcamp as well. Register at: <http://tutorsacrossamerica.com/ACTcourse> ([Links to an external site.](#)).

**Exploring College Options** is a special informational program sponsored by the undergraduate admissions offices of five of the country's leading universities: [Duke University](#) ([Links to an external site.](#)), [Georgetown University](#) ([Links to an external site.](#)), [Harvard University](#) ([Links to an external site.](#)), the [University of Pennsylvania](#) ([Links to an external site.](#)), and [Stanford University](#) ([Links to an external site.](#)).

This fall we are pleased to invite you and your family to join us for a 90-minute webinar to help you explore your college options and prepare a strong and reflective application in this time of change and new challenges. During the program, admission officers from our five universities will introduce their institutions, discuss the college application process, answer general questions, and provide individual school breakout sessions.

Register at: <https://www.exploringcollegeoptions.org/>

**MOCK ADMISSIONS WORKSHOP:** Anne Corriveau, Director of Admissions at Boston University, will be headlining the event to give an insider's perspective on how applicants are reviewed. Anne Corriveau, **Paul Greene**, College Admissions Counsellor at UNIS, New York, and **Anjali Raghbeer**, Director of Writers Qi, New Delhi, will form the mock-admissions committee that takes viewers through the application process and how candidates are selected.

Anne Corriveau will share her personal insights of the application process after the mock admission round.

Three shortlisted candidates profiles will be presented to the audience, who will vote for the winners!

It will be a great learning experience for students and parents to see how a candidate is selected during the admission rounds.

The event is over ZOOM and it will be interactive where the audience can ask questions and vote on the outcome of the candidate's admission.

**Registration Link:** <https://www.writersqi.com/collegeadmissionworkshops>

Yours in Christ,

Rya Carpenter  
Director of Counseling and Student Services  
College Counselor  
(805) 967-1266, ext. 104  
rcarpenter@bishopdiego.org

## **Spiritual Life – *Mrs. Jennifer Winnewisser***

**Let us hold fast the confession of our hope without wavering, for he who promised is faithful. ~Hebrews 10:23**

Hope is much more than a sense of expectation and confidence, or wishful thinking. Hope has EVERYTHING to do with what we place it in. As Christians we place our hope in the One who is always faithful to his promises and has proven himself since the beginning of time. During this uncertain time, we must keep our hope fixed on these promises and the character of God. He is always good and faithful!

Sunday, August 30th the Campus Ministry team will be meeting in small groups to "retreat" and do some planning for the upcoming school year. We look forward to getting things rolling!

Jennifer Winnewisser  
Director of Campus Ministry & Spiritual Life  
(805) 967-1266, ext. 123  
jwinnewisser@bishopdiego.org

## Athletics – *Mr. Aaron Skinner*

### ATHLETICS SURVEY

If you haven't already, please fill out the Athletics Survey for this upcoming year. To those of you that have already done so, thank you very much! If you had any issues with the original link, especially in selecting multiple sports for the "Spring season", please use the following link (<https://www.surveymonkey.com/r/FQ5T8QT>). We have extended the survey, so that it will close Monday morning.

As a reminder, there will be the following three requirements in order to participate in any of the phase 1 conditioning workouts:

- 1. Athletic Clearance Process Completed:** If you have not started the athletic clearance process, please click this link (<https://www.bishopdiego.org/athletics/resources/athletic-clearance>) and either login to your existing account from previous years, or create an account if you are a new student athlete. Make sure that you select the sports that your student athlete will participate in when going through the process so you appear on the rosters! In the clearance website, you will notice a spot where you can upload a COVID form, and a physical form. Feel free to upload the Return to Play form (details below) and the physical form in those slots. There is also a confirmation page upload option, where you can upload the page that will appear when you finish that needs to be signed. If you have not completed the Physical, that is okay, as that is not required until we resume official practices for the season of sport. The sooner you can get it scheduled, the better! Thank you to all of you who have completed this step already!
- 2. Signed Copy of the Return to Play (Student/Parent) Form:** This will be sent out by the Head Coach to all families to review and sign/date.
- 3. COVID Self-Assessment Completed:** PLEASE DO NOT FILL THIS OUT UNTIL THE DAY BEFORE YOUR SCHEDULED FIRST PRACTICE Use the link (<https://www.bishopdiego.org/athletics/resources/covid-19-self-assessment-form>) to access the Self-Assessment.

The two major requirements listed in the guidelines are 1) to maintain social distancing at all times, and 2) the use of stable cohorts (12 or under, which includes a coach(es)) during the workouts. Due to the latter, until we return to in person instruction, or phase 2 of our return to play, students will only be allowed to participate in **ONE** sport's conditioning workouts. So if someone wanted to participate in, for example, Baseball and Football conditioning workouts, they'd have to choose between the two for the time being. This will limit potential exposure between multiple groups.

If anyone has any questions regarding these workouts, please don't hesitate to reach out!

Aaron Skinner

Director of Athletics  
805.967.1266 ext. 107  
[askinner@bishopdiego.org](mailto:askinner@bishopdiego.org)

## Upcoming Bishop Events Calendar

8/31 – Faculty/Staff In-service

9/1 – Faculty/ Staff In-service

9/2 – Faculty/Staff In-service

9/3 – Faculty/Staff In-service

9/4 – Freshmen Orientation

9/8 – First Day of School