Blessing Bishop

As we head into the Christmas season, many ask how they can bless Bishop Diego with a tax-deductible gift. Over the next three weeks, the Advancement Office is outlining the various ways that our generous donors can support those Bishop initiatives that matter most to them:

**December 8 – December 14: Performing Arts Collaborative**

Big dreams need big support and Performing Arts at Bishop Diego are on the rise! To support current offerings and allow for upcoming growth, those with a passion for the arts are encouraged to help us build a bigger and better Performing Arts program for Bishop Diego’s students.

**December 15 – December 21: Technology Campaign**

Ensuring that Bishop Diego’s students have access to cutting edge technology is essential to preparing them for the future. Whether it is maintaining and upgrading the Gherini Center for Multimedia Arts and Technology, supporting the 1:1 iPad program, providing state-of-the-art security systems, or integrating new alumni and donor software, Bishop Diego relies on the generous support of those who understand the importance of 21st century technology.

**December 22 – December 31: Spirituality Campaign**

Our Catholic faith is the primary factor that differentiates Bishop from any other high school in the area. The tremendous impact spirituality has on students prepares them to face life with
hearts full of compassion. Retreats, Masses, Theology classes, and service opportunities infuse a Bishop Diego education with character formation that changes lives. Giving to this campaign will affirm your belief in the power of a Catholic education.

To give your year-end, tax-deductible gift to any of the above campaigns, please visit our Online Giving page at www.bishopdiego.org/online-giving and choose The Fund for Bishop Diego when donating. Your support changes lives!

Warmly,

Dr. Cristy McNay
Director of Admissions and Advancement
(805) 967-1266, ext. 118
cmcnay@bishopdiego.org

**Counseling Services – Mrs. Rya Carpenter**

**TEEN MENTAL HEALTH FIRST AID:**

We are excited to be providing Teen Mental Health First Aid Training to all of our 10th-12th graders, which is a program through the National Council For Behavioral Health developed in Australia and now being piloted in the United States.

In partnership with the Mental Wellness Center, we have been selected along with approximately 50 other schools across the country to participate in a pilot study being conducted by John Hopkins University. The program is designed to develop students’ knowledge and skills in:

- Recognizing warning signs that a friend is developing a mental health problem
- Understanding how to talk to a friend about mental health and seeking help
- When and how to tell a responsible adult
- Where to find appropriate and helpful resources about mental illness and professional help
- How to respond in a crisis situation.
Please note that we advocated freshmen be included, but the pilot program does not allow for this.

Typically this course does not require parents to opt-in for their students but because of the pilot study, we do need parent consent forms from our 10th-12th grade parents. We need your support in helping us complete the following steps before the holiday break.

**TASKS TO COMPLETE...**

1. **Parents provide consent through online form by Dec 10th** …https://mrprcbcw.hosts.jhmi.edu/redcap/surveys/?s=H8FAMLWE49

   *NOTE: Students over 18 need to provide their own consent: https://mrprcbcw.hosts.jhmi.edu/redcap/surveys/?s=R7DKMCLAXJ

2. After parents provide consent, email will go to students so they can provide their assent & fill out the pre-survey (email address parents list for students on consent will be used to send surveys). Pre-Surveys need to be completed prior to Jan 6th and ideally by Dec 19th.

3. On January 11, 8AM-4:30PM, ALL Bishop parents and teachers have the option to participate in Youth Mental Health First Aid certification at Bishop. Join the movement in Santa Barbara County to strengthen our community because we can all be more aware and more informed. Over 700 parents, educators, and providers have been trained in SB this past year. By increasing awareness and understanding, we can change the focus to prevention and early intervention so that we are not always responding in crisis mode. This training will give parents tools to be able to engage in meaningful conversations with their youth. REGISTER: https://www.eventbrite.com/e/youth-mental-health-first-aid-training-registration-79743696543

Rya Carpenter
Director of Counseling and Student Services
College Counselor
(805) 967-1266, ext. 104
rcarpenter@bishopdiego.org
We continue to reflect each day on a verse from the daily Advent Gospel as we prepare for the coming of our savior Jesus Christ.

Project Santa is up and running. Students took tags from the "trees" Thursday and Friday and we will continue to have them available. Please encourage your student to get involved! Parents, you are welcome to come by the Mission Center at any time to view and pull gift tags as well. Thank you for your generosity! Gifts should be wrapped with original tag attached and brought to the Mission Center by Thursday, December 12th. Delivery Day is Saturday morning, December 14th. Encourage your students to jump on the trolley with Santa Claus as we visit the homes bearing our gifts. (8:45-noon) Service hours will be honored for their time.

Thursday is our Advent Mass, recognizing the Feast of Our Lady of Guadalupe. Mass will be at 12:15, celebrated by Msgr. Richard Martini, pastor at St. Joseph Parish in Carpinteria. Parents are ALWAYS welcome! Following Mass, we will celebrate the Advent season in the spirit of Our Lady's appearance to Juan Diego and the people of Mexico by having a Fiesta! Lilly's Tacos, fresh churros, fun music and pinatas for the school community! Be on the lookout for a sign-up for contributions of food, help, and other items for this fun event and THANK YOU for your whatever you can do to make this a memorable time for our kids!

Jennifer Winnewisser
Director of Campus Ministry & Spiritual Life
(805) 967-1266, ext. 123
jwinnewisser@bischopdiego.org

Athletics – Mr. Mike Cano

BISHOP DIEGO FALL SPORTS BANQUET
Sunday, December 8th, 2019
5:00 p.m.
Main Gym

DINNER IS PROVIDED FOR ALL STUDENT ATHLETES, COACHES AND ONE GUEST PER COACH!

Cost at the door will be $25, so please get your checks in now!

MASS DRESS IS MANDATORY! Mass dress is required for athletes to be recognized. This basically means dress shirt and tie for boys, appropriate dress, skirt or dress pants for girls. If you have any questions about Mass Dress, consult the Parent-Student Handbook found on the school website.

Girls Volleyball teams are responsible for set-up before the banquet. Please have your team at the gym by 4pm for setup.

Football teams are responsible for break down and clean up after the banquet.

**Athletic Contests Week of December 8-14**

**Monday December 9**
- Girls Soccer @ Carpinteria 5:00pm  **NO EARLY RELEASE**
- Boys Basketball Home vs Nipomo F/S 4:00pm, JV 5:30pm, Varsity 7:00pm  **NO EARLY RELEASE**

**Tuesday December 10**
- Girls Soccer @ Dunn 3:15pm  **EARLY RELEASE 1:10pm**
- Girls Basketball @ Santa Paula JV 5:30pm, Varsity 7:00pm  **NO EARLY RELEASE**

**Wednesday December 11**
- Boys Basketball @ Santa Paula F/S 4:00pm, JV 5:30pm, Varsity 7:00pm  **EARLY RELEASE F/S ONLY 1:45pm**

**Thursday December 12**
- Boys Varsity Basketball @ Thacher Tourney TBD
- Boys Soccer @ Nordhoff 5:00pm  **EARLY RELEASE 2:45pm**
- Girls Soccer @ Thacher 3:15pm  **EARLY RELEASE 12:53pm**
- Girls Basketball @ Foothill Tech Ventura College JV 5:30pm, Varsity 7:00pm  **NO EARLY RELEASE**
**Friday December 13**
Girls JV Basketball Home vs Carpinteria 4:30pm **NO EARLY RELEASE**  
Girls Varsity Basketball Home vs VCA 6:00pm **NO EARLY RELEASE**  
Boys Basketball @ Thacher Tournament TBD

**Saturday December 14**
Boys Basketball @ Thacher Tournament TBD  
Girls Varsity Basketball Home vs Pakarunga (New Zealand) 4:00pm at Dos Pueblos HS

Mike Cano  
Director of Athletics  
(805) 967-1266, ext. 107  
mcano@bishopdiego.org

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**Dean of Students – Ms. Stacey Carr**

**What to know about FINALS……**

December is a short month, especially with finals. Please be sure to review the school calendar for dates and times of finals and other holiday school functions. Details also posted in Mr. Flanagan’s newsletter, the calendar, website and the BD Classroom.

During finals, please note tardies are still tracked; its important students arrive on time for their exams. Dress attire remains the same during final exams. Even though students are at school for a shorter amount of time, Cardinal attire is still required. Students who choose to wear sweatpants, athletic shorts, slippers, leggings and other inappropriate school attire will be asked to change. Please support our school policy by ensuring your son/daughter is dressed appropriately for final exams.

For students who complete their exam early or have only one exam and would like to be dismissed for the remaining school day, the school will need in writing, permission from the parent for the student to be released. A phone call is not acceptable; the school must have documentation stating the student may leave. Without documentation, the student will remain on campus until the end of the school day.
Remind your son/daughter to bring home any academic materials and clothing from their athletic locker since the school will be closed during the winter break. Even though school is out, there will be winter sports and other activities on campus, its important students secure and take home what they can during the two week holiday break.

**FINAL EXAM SCHEDULE**

**Wednesday, December 18th**
- Period 1 - 8:30 - 10:00
- Period 2 - 10:30 - 12:00
- Lunch 12:00 - 12:40
- Period 3 - 12:45 - 2:15

**Thursday, December 19th**
- Period 4 - 8:30 -10:00
- Period 5 - 10:30 - 12:00

**Friday, December 20th**
- Period 6 - 8:30-10:00
- Period 7 - 10:30 - 12:00

**Fall Semester Service Hours….**

Last day to submit Community Service Hours for the FALL SEMESTER 2019 is **Friday, December 20th**.
A mistake which makes you humble is much better than an achievement that makes you arrogant.

Stacey L. Carr, M.Ed.
Dean of Students
(805) 967-1266, ext. 105
scarr@bishopdiego.org

Upcoming Bishop Events Calendar

12/8
Sunday Obligation
Fall Sports Banquet
Rotation 6

12/11
No Bishop Plus

12/12
Mass Bell - Advent Mass

12/14
Project Santa

Bishop Events Looking Ahead ...

12/18
Finals 1,2,3

12/19
Finals 4,5

12/20
Finals 6,7

12/23 - 1/5
Christmas Break

1/6
School Resumes
7:45 am – STEAM society Group Meeting
1/12
Poker Tournament

1/13
5:00 pm - PSAT and Mock ACT Scores Review Session
6:00 pm – Junior Parent College Information Night

1/14
5:30 pm – Admissions Information Night

1/17
Independent Scholarship Applications Due

1/20
No school – Martin Luther King Day

1/24
Chinese New Year Luncheon

1/26
Catholic School’s Week Begins

1/28
Catholic School’s Week Mass

1/29
Day of Service

1/31
Admission Application Close Date
FACTS Tuition Assistance Applications Due

2/3
FACTS Applications Due
7:45 am – STEAM Society Group Meeting

2/13
Senior Mother/Daughter Luncheon

2/14
No School – Presidents’ Day Weekend

2/17
Presidents’ Day

2/20
Senior Mother/Son Luncheon
2/26
Ash Wednesday

2/27
Senior Father Lunch

3/2
7:45 am – STEAM Society Group Meeting

3/5
Course Selection Day (During Cardinal Time)

3/6
Offers of Admission Sent

3/7
Gala & Auction