Dear Cardinal Community,

Indeed, it was a great week to be a Cardinal! I would like to thank all the individuals who helped make Spirit Week 2019 a huge success for our students and our school! Our ASB Moderator, Mr. Mike Cano, his ASB class leaders, with support from Mrs. Brianna Adam, went above and beyond in their organization and execution of the activities for the week. We thank all our classroom parent representatives and teacher moderators at every grade level for their support, guidance, and many hours spent building props, supplying materials, making food, and cheering our students on! Spirit Week at Bishop Diego is truly the result of a team effort! A special thank you to our parents for preparing a delicious barbecue lunch for all on Friday afternoon and to all those who helped serve the students. We thank all our sophomore class parents who helped with the homecoming court set up at SBCC on Saturday night as well as those of you who are decorated, served as chaperones, or cleaned up for the homecoming dance last night. Our community is blessed to have you; it is our students who directly reap the rewards of your active involvement!

And lastly, I thank our STUDENTS! Their enthusiastic participation in Spirit Week 2019 was contagious! Our ASB student leaders took this opportunity to lead their classes in building school spirit and Cardinal pride through decorating the quad, designing class t-shirts, choreographing skits, and some even creating keepsakes for the week. I commented to a colleague about how impressed I am with the leadership of our ASB students and all those who took an active role in this year's spirit week. We both agreed that the level of involvement, student initiative, creativity, and leadership affirm why coming to work at Bishop Diego each and every day is an absolute privilege. With so many opportunities to soar, the sky is the limit for our Bishop Diego Cardinals!
As I close this newsletter, I must share with you some news about one particular member of our community who has positively impacted all of us in one way or another in the front office, and that is Mrs. Traci Callow. We have all benefited from Mrs. Callow’s friendly face, welcoming demeanor, outgoing personality, and patient listening at some point during her time here at Bishop – for most of us, it is probably daily! Selfishly, it saddens me to share with you that Mrs. Callow will be pursuing an opportunity to further grow in her career and will be concluding her time here at Bishop on November 8th. For Mrs. Callow’s sake, I am happy for her and I know our entire community joins me in wishing her nothing but the best, for that is what she has always given our school, our students, and our families. Upon Mrs. Callow’s departure, I am grateful to Mrs. Cindy McCarthy and Ms. Erika Van Wingerden for fulfilling the necessary duties at the front desk for the remainder of this school year. Ms. Van Wingerden will assist folks from 7:30-10:00 am, and Mrs. McCarthy will be in from 10:00 am – 4:00 pm daily. I anticipate a smooth transition as both of these individuals are very familiar with our school community and are ready to serve our students and families in this capacity.

I reflect on a quote from St. Francis of Assisi, “Remember that when you leave this earth, you can take with you nothing that you have received--only what you have given.” To Mrs. Callow, and each and every one of you who give so much of yourself to help make Bishop Garcia Diego High School what it is, I thank you.

Yours in Christ,

Mrs. Karen Regan
Head of School

Admissions and Advancement – Dr. Cristy McNay

Bishop’s Day of Giving – Wednesday, November 6, 2019
Let’s raise $24,000 in 24 hours! On Bishop’s second annual Day of Giving – Wednesday, November 6th from 12:01 am to 11:59 pm – the Advancement Office will be working hard to support The Fund for Bishop Diego with a full day of activities, giveaways, and fun! Please mark your calendars so you do not miss the opportunity to help us unlock matching gifts and reach our goal!

The Fund for Bishop Diego bridges the nearly $2M gap between what it costs to provide a high-caliber, values based, Catholic education and what families pay after Tuition Assistance and scholarships have been awarded. While not glamorous, these items are essential to the day-to-day operation of a healthy school.

Here are just a few examples of the 2019-20 school year’s committed costs and what your unrestricted gift to The Fund for Bishop Diego will help us achieve:

- Fund the Girls’ Athletics Initiative
- Fund the Performing Arts Collaborative
- Proceed with the new Aquatics Program Initiative
- Continue to offer powerful, life-changing retreats
- Pay for energy-efficient lighting for the Library
- Fund new alumni/donor communication software
- Payoff Mac computer lease
- Payoff iPad lease for 1:1 program
- Pay for parking lot repair costs

If you have questions about the Day of Giving or would like to help with the planning and spreading the word, please let us know!

Open House & Family Fun Day – Sunday, November 17 - 12:00 – 2:00 pm

Bishop is changing the way we celebrate and share our Cardinal spirit! On Sunday, November 17th from 12:00 – 2:00 pm, all students and their friends and families are invited to attend Open House & Family Fun Day. Each class will host a booth, the Cardinal Club will be BBQing, and there will be games and prizes as well as inflatables on the back lawn. We want to share Bishop with our community and families, so please plan to attend this FREE and fun event! Anyone is welcome to be there so please invite your neighbors, extended family, and friends.
This event is a small version of what we hope to do next year: Homecoming & Family Weekend 2020! The celebration will include three days of reunions, the homecoming football game, a volleyball game, a tailgate party, live music, and so much more. We plan to make it the biggest party of the year and look forward to your ideas and enthusiasm!

**Admissions for 2020-21**

**Applications for NEW students are now open**

If you know a student who is hoping to attend Bishop Diego next fall, please let them know that online applications for the 2020-21 school year are now open at www.bishopdiego.org. Also, please invite them to Open House on November 17th from 12:00 – 2:00 pm. Eighth graders are also invited to be Freshmen for a day on Wednesday, November 20th from 8:00 am to 2:00 pm. Families can RSVP for both events at www.bishopdiego.org.

Warmly,

Dr. Cristy McNay  
Director of Admissions and Advancement  
(805) 967-1266, ext. 118  
cmcnay@bishopdiego.org

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**Curriculum & Instruction – Mr. Tim Flanagan**

Reports cards for Quarter 1 have been uploaded to PCR. If you need help getting access please contact Liv Gonzalez, Registrar.

Tim Flanagan  
Director of Curriculum & Instruction  
(805) 967-1266, ext. 115  
tflanagan@bishopdiego.org
COLLEGES VISITING BISHOP:

OREGON STATE UNIVERSITY
· Monday, November 4 at 7:50am in the College and Career Center

BENINGTON COLLEGE
· Tuesday, November 5 during 5th period in the College and Career Center

WILLAMETTE COLLEGE
· Wednesday, November 6 at 7:50am in the College and Career Center

ST. MARY’S COLLEGE OF CALIFORNIA
· Wednesday, November 6 at 7:50am in the Library

MARYMOUNT CALIFORNIA UNIVERSITY (Palos Verdes, CA)
· Wednesday, November 6 at lunch in the Quad

PACIFIC UNIVERSITY (Oregon)
· Wednesday, November 6 at lunch in the Quad

Attention Juniors:

On Saturday, December 7, from 8:00am-12:00pm, Bishop will offer a Mock ACT Exam for interested Juniors. Students must RSVP no later than Friday, November 22nd. The test is free. The sign-up sheet is outside Ms. Gonzalez’ office. Interested Sophomores may inquire if there is a spot available, but priority is reserved for Juniors.

The PSAT was given to all 10th & 11th grade students in October. Students will be given their PSAT scores and Mock ACT scores (if they take the December Mock ACT test) in person at the Scores Back Night, on Monday, January 13 at 5:00pm in the Bishop Library. Sophomore and Junior Parents, please save the date for this event.

Academics for Grades 9-12:

The end of first quarter was Friday, October 18. Your student was provided with an official progress report in PCR. Please review this document if you have not yet seen it. These are temporary grades meant to keep you well informed of student progress. Permanent grades will be
issued at the end of the semester, December 20th. Those grades will be available in PCR, in January.

If interested in Peer Tutoring or Cal-SOAP support, please have your student sign up in the Counseling Office, with Ms. Anderson.

Students interested in taking courses off campus (i.e. online programs, SBCC or UCSB) who wish to put the credit on a Bishop transcript toward graduation must get permission to take the course prior to signing up for the class. See Ms. Anderson to request an “Academic Petition” to take the course. The petition will not be granted if the class isn’t currently recognized as a UC/CSU/NCAA approved course. Ms. Anderson will help you decipher this information.

Parents of 9th Graders:
Please join us on Wednesday, November 13th at 6:00pm in the Library for an informative evening covering the following topics:
· Graduation and college entrance requirements
· Bishop’s 4 Year Academic Plan
· Christian Service Hours Requirement & Opportunities
· Advanced Placement (AP) program & courses

Parents of 9th, 10th and 11th graders:
Mrs. Carpenter will lead a discussion about the Highly Selective College admission process. You are invited to join this meeting from 7:05pm-7:35pm on Wednesday, November 13 in the College and Career Center.

Parents of 10th and 11th graders:
Mrs. Carpenter will lead a discussion about NCAA and NAIA – the recruiting and college application process for high school athletes. Join us at 6:00pm in the College and Career Center on Wednesday, November 13.

Parents of 11th Graders:
Please visit Bishop’s Counseling webpage in BD Classroom for detailed information regarding the SAT, ACT and SAT Subject Tests.
Ms. Gonzalez will be contacting 11th grade families in the near future to book individual college planning meetings. The meetings will start in January. Each session will take about 45 minutes.

Save the date for a College Information Night on Monday, January 13 in the Library at 6:00pm. Presenters will be from UC, CSU and a Private College, speaking about the educational opportunities and application requirements for each system of education.

**Seniors & College Applications:**

For many students, November is the busiest month for sending college applications. Please remember that students are encouraged to make an appointment with Mrs. Carpenter if they need support with this process. Students may also drop in for help during break, study hall, lunch or after school.

Please remember to ask Mrs. Carpenter to proof read your CSU and UC applications before you hit the submit button. Completing the A-G sections is a little tricky, so let’s make sure applications are perfect.

**Application Workshop for Seniors:**

- Monday, November 4 from 3:00pm – 5:00pm
- Tuesday, November 5 from 3:00pm – 5:00pm
- Thursday, November 7 during Cardinal Time (11:10am – 11:40am)
- Seniors and their Parents are encouraged to drop in with any questions

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**SAT with Writing Registration Deadline**

- November 8 for December 7 Test
- Register at [www.sat.collegeboard.org/register](http://www.sat.collegeboard.org/register)

**ACT with Writing Registration Deadline**

- November 8 for December 14 Test
- Register at [www.actstudent.org](http://www.actstudent.org)
If paying for an SAT/ACT exam presents financial hardship, please see Mrs. Carpenter, as financial assistance may be available for qualifying families.

Remember to log into the ACT.org or Collegeboard.org websites to order and pay for your test scores. You must send your official test scores to colleges on your application list, by their individual required deadlines. Contact Mrs. Carpenter if you have questions about this process.

If a student has assigned Mrs. Carpenter as the Counselor in Common App (and verified with Mrs. Carpenter that his/her name has appeared in her account by asking her directly), she will submit her letter of rec, secondary school report and your student’s transcript by the required deadline. Students do not submit Bishop transcripts to common app schools; however, they should submit official SBCC, other high school or college transcripts to the Common App schools.

Remember that the UC and CSU Application deadline is November 30. Do not wait until the last minute to apply! Transcripts and letters of recommendation are not required for these schools.

For all other colleges, if your student needs an official transcript sent to a college, make sure they complete a transcript request form in the Registrar’s Office (Ms. Gonzalez). A pre-addressed envelope to the corresponding college is required. Return address should be: Bishop HS, 4000 La Colina, Santa Barbara CA 93110. 24 hour notice is required. Official transcripts from other high schools or colleges attended should also be submitted to these schools.

**Scholarships:**

Bishop’s local scholarship directory is about 15 pages long. Don’t miss out on these opportunities. Some deadlines start in November and others in January. Visit the Counseling Website in BD Classroom for a copy of Bishop’s “Local Scholarship Directory”.

The CSS Profile may be required by some private institutions your student is applying to this year. Please visit: [http://student.collegeboard.org/css-financial-aid-profile](http://student.collegeboard.org/css-financial-aid-profile) to see if your student needs to fill out this form.

Remember to complete either the FAFSA or the Dream Act application by March 2nd. The deadline might be earlier for particular colleges or scholarship programs, so completing these forms sooner rather than later is recommended.
The Scholarship Foundation of Santa Barbara presented to seniors in class last month. While the main application deadline is January 15, the early deadline for the Honors & Art Scholarships is November 15. For more information visit: www.sbscholarship.org. Very important note: The main application requires completion of the FAFSA and a letter of recommendation. Those things need to be handled before you are able to hit the submit button on January 15. So, be sure and get ahead of those requirements.

Rya Carpenter
Director of Counseling and Student Services
College Counselor
(805) 967-1266, ext. 104
rcarpenter@bishopdiego.org

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**Spiritual Life – Mrs. Jennifer Winnewisser**

PERSEVERANCE: A bend in the road is not the end of the road...unless you fail to make the turn.  ~Helen Keller

Tuesday, November 12th is the **Freshman Retreat**! Campus Ministry is looking forward to this great day of fun, faith and fellowship with the Class of 2023. Freshmen parents, be on the lookout for more information next week.

Friday, November 22nd we will hold a **Thanksgiving** prayer service, getting us in the spirit of gratitude before we head into the Thanksgiving holiday week.

**OPERATION GRATITUDE** is a Halloween candy give-back program for the military. Please consider donating your leftover candy to this great cause. Please see the attached flyer. Candy needs to be turned in no later than Wednesday, November 6th. Thank you!!
Operation Gratitude Halloween Candy Give-Back

WE WANT YOUR CANDY

Donate Your Leftover Candy to Veterans, Troops and First Responders

GIVE A SWEET TREAT TO OUR HEROES SERVING OVERSEAS AND THOSE HERE AT HOME!

www.operationgratitude.com

Jennifer Winnewisser
Director of Campus Ministry & Spiritual Life
(805) 967-1266, ext. 123
jwinnewisser@bishopdiego.org
The Lady Cardinals Volleyball team lost their CIF Quarterfinal Playoff game to Trinity Classical Academy in 5 games. The ladies had a terrific season under the direction of 1st year head coach Dillan Bennett finishing 2nd in the Frontier league. We are so proud of you!

Winter Sports teams will be beginning practice soon. If your interested in playing soccer or basketball please see Mr. Cano

If you did not participate in a Fall sport you must go to www.athleticclearance.com and create an account and fill out our sports participation form as well as have a physical completed by a medical doctor.

ATHLETIC CONTESTS WEEK OF NOVEMBER 4-8

Thursday November 7
Cross Country @ League Finals Lake Casitas 3:15p EARLY RELEASE 1:15p

Friday November 8
Football vs TBD CIF 1st Round Playoffs TBD

Mike Cano
Director of Athletics
(805) 967-1266, ext. 107
mcano@bishopdiego.org

Screenagers Movie | Growing up in the digital age.
Are you watching kids scroll through life, with their rapid-fire thumbs and a six-second attention span?
The concern of cancer and other health problems from using cell phones is still valid, but a larger issue is the amount of time your child is on the phone. Monitoring your child’s phone does take time but its crucial parents are in the know; what is googled, posted, replies, likes, dislikes and more.

In SCREENAGERS, Physician and filmmaker Delaney Ruston saw that with her own kids and learned that the average student spends 6.5 hours a day looking at screens. She wondered about the impact of all this time and about the friction occurring in homes and schools around negotiating screen time—friction she knew all too well. Delaney takes a deeply personal approach as she probes into the vulnerable corners of family life, including her own, to explore struggles over social media, video games, academics and internet addiction. Through poignant and unexpectedly funny stories, along with surprising insights from authors, psychologists, and brain scientists, SCREENAGERS reveals how tech time impacts kids’ development and offers solutions on how adults can empower the youth to best navigate the digital world and find balance.

Take the time to watch SCREENAGERS you just might be surprised and decide a change is needed.

- https://www.screenagersmovie.com/

Bishop TOTS at SB Community Clean Up Event

THANK YOU to the BDHS TOTS (Teens on the Scene) program who participated in LOOKING GOOD SB community clean up Saturday, October 19th to clean up East Side Park and neighborhood. Lorraine Cruz Carpenter from the City of Santa Barbara and Councilor Jason
Dominguez who represents District 1 came to thank the Cardinals for their dedication to keeping Santa Barbara beautiful. Photos attached.

**Community Volunteer Opportunity…..**

**Bishop Teens on the Scene** is partnering with the **Children’s Resource Network Teen Closet Program** to provide clothes for homeless children in our local community. They will also be collecting non-perishable food items for the **Unity Shoppe of Santa Barbara**. Please bring gently used clothing & non-perishable food items to the Bishop Library during drop off between **8:00 - 8:30am Monday-Friday Nov 4th - Nov 15th**. Volunteers will also be available curb side to collect items during drop off. For every bin bag of clothing you will receive one service hour. Flyer attached.

Please donate gently used children and teen clothing and shoes only. The Unity Shoppe is also in need of non-perishable food items such as **Chicken Noodle Soup, Peanut Butter, Cereal, Tuna, canned beans, etc.** There is a friendly competition between the grades to see who can donate the most items so please include the students name and grade on any bags of donated items. Thank you for your support. Any questions please contact Thomas Coleman:

tcoleman@bishopdiego.org. Flyer attached.

**Our Lady of Mt. Carmel School** will host their **75th Anniversary Gala Auction** at the **Rosewood Miramar Resort** on **Saturday November 9 from 4pm-10pm**. Students interested may contact Mrs. Lombardi @ dilemma78@cox.net. Students will help bidders bid on auction items, set up the pick-up area, also help as a concierge for guests with their auction items. Dinner and snacks will be provided.

*Individual commitment to a group effort that is what makes a team work, a company work, a society work, a civilization work* – **Vince Lombardi**

Stacey L. Carr, M.Ed.
Dean of Students
(805) 967-1266, ext. 105
scarr@bishopdiego.org
Upcoming Bishop Events Calendar

11/3
Rotation 7
Sunday Obligation

11/4
7:45 am - STEAM Society Group Meeting

11/6
BISHOP PLUS 1,2,4,3
STEAM field Trip to MOXI

11/7
BISHOP PLUS 7,5,6

Bishop Events Looking Ahead …

11/11
Veteran’s Day

11/12
Freshman Retreat

11/13
6:00 pm - College Athletics NCAS & NAIA Presentation
6:00 pm - Current Freshman Parent Information Night
7:00 pm – Highly Selective College Admissions Presentation

11/17
12:00 pm – Open House

11/20
Freshman for a Day

11/22
Thanksgiving Mass

11/24 – 11/26
Urban Plunge

11/25 – 11/29
School Closed – Thanksgiving Week

12/2
School Resumes
7:45 am – STEAM Society Group Meeting

12/8
Fall Sports Banquet

12/12
Advent Mass

12/14
Project Santa

12/18
Finals 1,2,3

12/19
Finals 4,5

12/20
Finals 6,7

12/23 - 1/5
Christmas Break

1/6
School Resumes