Dear Bishop Community,

At Bishop Diego, one of our primary desires is to help each student achieve his or her God-given potential, developing their mind, body, and soul to the fullest. The small, nurturing community that is Bishop Diego allows us to help guide students during a pivotal time in their lives. I would like to express my gratitude to Mrs. Rya Carpenter, and our entire Counseling and Student Services Department, for their coordination with Family Service Agency, Mental Wellness Center, and the YouthWell Coalition as we recognize our teen’s mental health and development as priorities. We are fortunate to have been able to offer the Youth Mental Health First Aid program to our parents, faculty, staff, and all students in grade 10-12 over the past three weeks. It is imperative that we are able to not only recognize warning signs and understand risk factors for mental health and substance abuse, but to be able to provide our young people with strategies for how to help a friend who may be in crisis and connect them to appropriate care.

Helping our young people navigate the road of adolescence into adulthood is more challenging today than ever, so we are grateful to have such programs available to guide us, and them! I would like to invite all parents to mark your calendars for Tuesday, February 4th from 6:30-8:00pm during which we will host renowned Clinical Psychologist, Dr. Kelly Jameson, for a session on stress, anxiety, and resiliency among our teens. Dr. Jameson is a licensed therapist and public speaker based in Dallas, Texas. She works with both adolescents and adults on life’s tough issues, both big and small. On the road, she excites audiences with educational and engaging presentations about the intersection of mental health and real life. More information can be found at www.drkellyjameson.com. We are fortunate to have the opportunity to welcome Dr. Jameson to our campus! For our planning purposes,
please RSVP by Friday, January 31st to Mrs. Cindy McCarthy at 805 967-1266 x 101 or at cmccarthy@bishopdiego.org.

Yours in Christ,

Mrs. Karen Regan
Head of School

Admissions and Advancement – Dr. Cristy McNay

FACTS and Scholarship Applications Due

PERSONALIZED TUITION PLAN:

Families intending to request a Personalized Tuition Plan for the 2020-21 school year MUST complete a FACTS application annually. Personalized Tuition Plans are not automatically renewed. To ensure that your family is considered for the limited tuition subsidies available, please be sure to submit the online application no later than January 31, 2020. Supporting documents must be uploaded to FACTS no later than February 5th. After this date, tuition subsidies may no longer be available and families are encouraged to apply early. Please refer to Personalized Tuition page on Bishop’s website for complete details: https://www.bishopdiego.org/admissions/personalized-tuition-model

Re-enrollment for 2020-21:

Attention all Junior, Sophomore, and Freshmen families: Invitations to re-enroll for the next school year will arrive in your email in-box no later than February 28, 2020. To secure your student’s spot for the 2020-21 school year, online tuition contracts must be submitted along with the $1000 tuition deposit (or first installment of this deposit) no later than March 31, 2020. Please plan ahead for this payment in March, which can be paid in-full, in two payments (March & April), or in four payments (March, April, May & June). Enrollments received after March 31 will not qualify for the four payment plan.
**Entrance Placement Testing February 1**

If you know a future Cardinal or someone who is considering Bishop for their high school journey, please be sure they know that applications are now being accepted online and all applicants for 9th grade must take the Entrance Placement Test on February 1.

Warmly,

Dr. Cristy McNay  
Director of Admissions and Advancement  
(805) 967-1266, ext. 118  
cmcnay@bishopdiego.org

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**Curriculum & Instruction – Mr. Tim Flanagan**

**PCR:**

Please note: report cards and transcripts are still housed in PCR, not the BD classroom. Please use the link for the student portal at the bottom of the schools website for access. If you have questions regarding user name and passwords, please contact Ms. Liv Gonzalez.

Tim Flanagan  
Director of Curriculum & Instruction  
(805) 967-1266, ext. 115  
tflanagan@bishopdiego.org

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**Counseling Services – Mrs. Rya Carpenter**

**Youth Mental Health First Aid Training** will be offered on Saturday, February 1 from 8:30am-5:00pm in Santa Barbara. For more information and to RSVP,
SENIORS – Those thinking of attending Santa Barbara City College in the fall are REQUIRED to attend an orientation session with SBCC Counselors at Bishop on Thursday, February 20\textsuperscript{th} from 1:45pm-4:00pm in Room 202 (students only).

Rya Carpenter
Director of Counseling and Student Services
College Counselor
(805) 967-1266, ext. 104
rcarpenter@bishopdiego.org

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Spiritual Life – Mrs. Jennifer Winnewisser

**COMPASSION:** Blowing out someone else's candle doesn't make your shine brighter. ~Author Unknown

*Happy Catholic Schools Week!* What a privilege it is to be part of an academic institution where learning, serving, leading and succeeding are at the heart of our Christ-centered mission!

**Tuesday, January 28** - K-12 Catholic Schools Week Mass at 10:00 am. Please join us!

**Thursday, January 30** - Guest speaker Seth Gruber from Life Training Institute. Again, please join us at 12:00 noon!

The **Class of 2023** will gather on Friday, February 7th for a few hours for their class mini-retreat right here at Bishop. Freshman parents, thank you for being on the lookout for ways you can help out with lunch. We appreciate you!
Class of 2022 Sophomore mini retreat will take place on Friday, March 20th.

Jennifer Winnewisser
Director of Campus Ministry & Spiritual Life
(805) 967-1266, ext. 123
jwinnewisser@bishopdiego.org

Athletics – Mr. Mike Cano and Mr. Aaron Skinner

ALL STUDENTS INTERESTED IN PARTICIPATING IN A SPRING SPORT:
Please Contact Mr. Cano or Mr. Skinner

Athletic Contests Week of January 27-February 1

Tuesday January 28
Girls Soccer Home vs Laguna Blanca 3:15p \textcolor{red}{EARLY RELEASE 2:15p}
Boys Soccer @ Foothill Tech 5:00p Ventura College \textcolor{red}{NO EARLY RELEASE}
Girls Basketball Home vs Cate JV 5:30p, Varsity 7:00p \textcolor{red}{NO EARLY RELEASE}

Wednesday January 29
Boys Basketball @ Santa Ynez Frosh/Soph 4:00p, JV 5:30p, Varsity 7:00p \textcolor{red}{SCHOOL OUT AT 12:00p}

Thursday January 30
Boys Soccer @ Cate 3:30p \textcolor{red}{EARLY RELEASE 1:47p}
Girls Soccer Home vs Santa Clara 3:15p Senior Day \textcolor{red}{EARLY RELEASE 2:10p}

Friday January 31
Boys Basketball Home vs Villanova JV 5:30p, Varsity 7:00p \textcolor{red}{NO EARLY RELEASE}

Mike Cano
Director of Athletics
(805) 967-1266, ext. 107
mcano@bishopdiego.org
The theme of this year’s celebration is “Catholic Schools: Learn. Serve. Lead. Succeed.” The theme encompasses the core products and values that can be found in Catholic schools across the country. Not only are we teaching students to become future servant leaders, faith-filled disciples and enriched citizens in our communities, educators are growing with them. In Catholic schools, we are all learners, servants and leaders. These shared qualities are what make Catholic schools work. They are what make Catholic schools succeed.

**Wednesday, January 29th:** 9:00 AM – 12:00 PM - Cardinals Annual Day of Service with this year’s theme being Cardinals: Caring for our Home. Our entire Bishop Diego community will participate in our annual Day of Service. All students, faculty, and staff will be participating in a day of service on campus during which time we will all be participating in projects to care for our BDHS campus, our home. Projects to include painting, planting, and more, as well as assembling care packages for our troops created from the items donated at our Mass on Tuesday. **Arrival time is 9:00am** and dismissal is at 12:00pm for all students.

**Student Attire**.... Students may wear BDHS attire and tennis shoes (good shoes for walking and projects). The Cardinal Café will be closed. Students should have hearty breakfast; bring a snack and water. Students will receive service hours for our Day of Service project.

**Cardinal FALL Service Hours**...
Throughout the Fall Semester many Cardinals continued to serve their community and school. Congratulations to the following students with their impressive hours.

**Top Cardinals from each class.....**
- Senior Alexis Gonzalez with 253 hours
- Junior Luke Williams with 209.50 hours
- Sophomore Jacqueline Smith with 171 hours
- Freshmen Lily Simolon with 117 hours

**Overall Top Cardinals from each Class....**
- Senior Alexis Gonzalez with 983 hours
• Junior Evelyn Pazos with 532 hours
• Sophomore Amy Mancinelli with 335.5 hours
• Freshmen Olivia Carlyle with 225.5 hours

Total Fall Hours for each class.....
• 2020 = 979
• 2021 = 1,164
• 2022 = 696
• 2023 = 548
• Total = 3,387 = Fall 2019

Overall Total for Service Hours....
• 8,338.95 hours

Completed Service Hours for the 2019-2020 School Year... as of 1/13/20
• 24 Seniors = completed their requirement of 100 hours
• 29 Juniors = completed their requirement of 75 hours
• 26 Sophomores = completed their requirement of 50 hours
• 21 Freshmen – completed their requirement of 25 hours

Deadline to submit hours for the 2019-2020 school year is April 22, 2020.

New forms service forms are available online

Check the website for additional opportunities and new service locations.

Volunteers needed for 2020 homeless count in SB County

Teens on the Scene.....
TOTS will be helping out at PATH again on **Sunday Feb 23rd 1:00 - 4:00pm**. 816 Cacique Street, Santa Barbara, CA 93103. More information about PATH can be found here: [https://www.epath.org/regions/santa-barbara-central-coast/](https://www.epath.org/regions/santa-barbara-central-coast/).

**Teen Court News for January**

See attachment for information on Teen Court and our Cardinal TOTS!

Stacey L. Carr, M.Ed.
Dean of Students
(805) 967-1266, ext. 105
scarr@bishopdiego.org

### Upcoming Bishop Events Calendar

1/26  
Sunday Obligation  
Rotation 5  
Catholic School’s Week Begins

1/27  
Extended Lunch Bell

1/28  
10:00 am - Catholic School’s Week Mass  
1:20 pm – Empty Bowls Project

1/29  
**No Bishop Plus**  
Day of Service

1/30  
Mass Bell – Special speaker Seth Gruber  
**No Bishop Plus**

1/31  
Extended Lunch Bell  
Admission Application Close Date  
FACTS Personalized Tuition Plan Application Due

2/1  
Entrance Placement Test and Personal Interviews
2/3
7:45 am – STEAM Society Group Meeting

2/13
Senior Mother/Daughter Luncheon

2/14
No School – Presidents’ Day Weekend

2/17
No School - Presidents’ Day

2/20
Senior Mother/Son Luncheon
Senior Application Workshop

2/26
Ash Wednesday

2/27
Senior Father Lunch

3/2
7:45 am – STEAM Society Group Meeting

3/5
Course Selection Day (During Cardinal Time)

3/6
Offers of Admission Sent

3/7
Gala & Auction

3/11
Senior Retreat

3/12
Senior Retreat

3/15
Winter Sports Banquet

3/18
PCPA Theaterfest “Julius Ceasar” (H English 9 and AP Eng. Lit.)
Returning Students’ Registration Due

3/23
Spring Fever Week

3/27
Senior Parent Mass
3:30 pm – SAT/ACT Bootcamp

3/28
3:30 pm – SAT/ACT Bootcamp

3/29
6:30 pm – SAT/ACT Bootcamp

3/31
New Student Enrollment Due

4/1
Evening of Excellence

4/6
7:45 am – STEAM Society Group Meeting

4/7
Extended Lunch
Stations of the Cross

4/10
Good Friday – No School

4/12
Easter Sunday