

Spiritual Life – *Mrs. Jennifer Winnewisser*

COMPASSION: If you want others to be happy, practice compassion. If you want to be happy, practice compassion. ~Dalai Lama

The **Welcome Mass of the Holy Spirit** on Friday was very special! It is a blessing to be able to begin the new school year acknowledging at the get-go our need for God in our lives.

Looking ahead, mark your calendars for the **Sophomore Class Retreat** - September 18th at Stow Grove Park in Goleta from 9-3.

If your son or daughter is interested in receiving the **Sacrament of Confirmation**, please be sure to begin the registration process at your local parish right away. They are waiting to hear from you!

Have a blessed week

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