



~COLLEGE PREP ELECTIVES~

Students at Bishop meet the UC/CSU 'G' requirement by fulfilling the school's minimum graduation requirements.

24 units are required to graduate, and any courses beyond the minimum requirements can be used as college prep electives on a UC/CSU college application. For example, the third and fourth year of Language or Science, an additional year of Visual and Performing Arts, etc. From the Theology courses, Judeo Christian Heritage and World Religions may be used.

~ADDITIONAL COURSES REQUIRED FOR GRADUATION~

COMPUTER APPLICATIONS

One Semester Grades 9-12

In today's world of rapid technological progress it is imperative that students possess strong computer skills in order to excel in the future. This course is designed to establish solid computer fundamentals. Students will have hands-on experience with 600MHz Pentium III processors. They will be utilizing Windows xp, where they will learn Microsoft Word, Excel, Outlook, Access and PowerPoint.

PHYSICAL EDUCATION

Two Semesters Grade 9

This course is intended to promote an appreciation for physical fitness and healthy lifestyles as well as an awareness of the relationships between physical, mental and emotional well-being. Using a non-competitive environment for introduction to a variety of athletic and physical endeavors, students will learn and practice the components of physical fitness as well as skills associated with a number of sports.

HEALTH

One semester Grade 9

Students will have the opportunity to learn about physical, mental and emotional health, self-esteem, stress management, nutrition, drugs and diseases. The course will also cover human sexuality and important subjects such as HIV/AIDS and healthy relationships.

Grades in PE and Health are not computed into the students' GPA for most college admissions and scholarships. The grade is reflected in the students' school GPA for eligibility purposes.

~ADDITIONAL COURSES~

RESEARCH METHODS AND COMPOSITION

One semester Grades 11-12

This course will help prepare students for college level research and paper writing. Students will learn how to write various styles of papers, i.e. response, argumentative, research. They will learn both online and traditional library research skills, including the evaluation and proper citation of sources. Students will take periodic field trips to local public and academic libraries. The course will also provide a thorough review of principles of grammar and punctuation, and strategies of effective writing.

LEADERS FOR LIFE LEADERSHIP CLASS

One semester Grades 9-12

This course, with a limited enrollment, is designed to help students develop their personal leadership skills. Rising Stars is a program that helps students to make positive choices based upon solid Christian values and a vision of a successful future. Three critical elements are studied: positive attitudes, interpersonal skills and achieving goals.

DRIVER EDUCATION

This course is not offered as part of the school curriculum, but may be offered as a short course or during the summer to enable students to meet the driver safety requirements of the California Department of Motor Vehicles. The Driver Training component (behind the wheel) is not offered at Bishop Garcia Diego High School, and is the responsibility of each individual student. Dates and times of the course will be published in the school newsletter. There is no credit awarded for this course.

CONDITIONING/WEIGHT TRAINING

One Semester Grades 9-12

This course, open to both girls and boys, will involve weight training and cardiovascular development intended to enhance the students' ability to participate in competitive sports and/or recreational activities. Depending upon individual goals, students will regularly engage in training and/or power lifting techniques.

MOCK TRIAL

One Semester Grades 9-12

This program allows students to acquire a working knowledge of our judicial system, develop analytical abilities and communication skills, and gain an understanding of their obligations and responsibilities as participating members of our society. Using a hypothetical criminal case, students prepare strategies and arguments for trial employing presentation skills, analytic ability, and team cooperation. Students actively experience the excitement of setting goals, exchanging ideas, examining issues and interacting with positive role models from the community. A county competition occurs in early spring, and scrimmages are held throughout the semester.

DIGITAL PHOTOGRAPHY AND PHOTOSHOP

One Semester Grades 9-12

This course is an introduction to the concepts, tools and technology of digital imaging. Students will develop competence in the use of digital photographic equipment, software, storage devices and printers to produce digital photographic images according to the requirements of a series of assignments. Students will capture, manipulate, correct, transmit, store and output images. In the second part of the course students will use Adobe Photoshop to move, duplicate, and resize digital images. They will use layers, and learn to apply layer effects and filters to create special effects, including lighting, shading and texture effects.

YEARBOOK

Two Semesters Grades 10-12

PREREQUISITE: approval of instructor.

This course is mainly concerned with production of Bishop García Diego's Cardinal yearbook. Students are taught techniques of layout, design, photography and graphics, as well as copy writing, editing and ad soliciting through a "hands on" process while dealing with the pressures of production deadlines. The class may produce an additional publication during the second semester. Work outside class is required. Students are strongly encouraged to attend Summer Yearbook Camp.

STUDY PERIOD

One or Two Semesters Grades 9-12

Students may elect to have one period in the school day as a study period. Study Periods are conducted in a quiet classroom environment with the supervision of a teacher. The same classroom expectations apply to Study Periods as regular classes. Credit is not awarded.