



## DRESS CODE 2009-2010

The dress code for school should reflect one's self respect, pride, good judgment, and awareness of dress appropriate to place and action, always keeping in mind Christian modesty and decorum, and realizing that we want to create and maintain the best possible image for our school. We wish to stress that the dress code begins with the parent's support and enforcement. Ultimately, responsibility belongs with the student. Consequences for inappropriate dress are outlined in the Discipline Policies and Procedures section. This dress code applies to the entire time the student is on campus; this includes before, during, and after school hours.

Most Fridays are designated **Cardinal Dress Day**. Students may wear any school-sponsored shirt (Cardinal Club Apparel, spirit week, retreat or approved club shirt with or without a collar. Shirts may be from former years, but they need to be in good repair and color. Athletic jersey (with approval of the A.D.) for that season of sport may be worn over the appropriate and acceptable dress for the day. Cheerleaders may wear uniform on days when they are cheering.

**Dress Up Day:** On special occasion days, the entire school community is required to dress up. These days include the Welcome Mass (August), Junior Ring Mass (November), The Mothers' Mass (December), the Fathers' Mass (January), Alumni Mass (April), Senior Awards Assembly (June) and at other designated times including all Academic and Athletic Awards Banquets. On these occasions, the acceptable dress code includes: Gentlemen: dress pants (no blue jean material), dress shirt and tie; Ladies: Dresses, skirt with dress top, dress pants (no blue jean material) with dress top. Men: shirts are to be tucked in the pants and a belt worn.

### Women:

**Shirts/Blouses:** All collared blouses, sweaters and sweatshirts must be sleeved and of modest fit. The blouse must cover the abdomen, back, shoulders and must have sleeves. Cleavage anywhere is unacceptable. T-shirts are not acceptable for a blouse.

All blouses must cover the waistband of pants, shorts or skirts. Only the top two buttons may be unbuttoned on buttoned blouses. **Midriffs may not be visible.** If the student removes her sweatshirt or sweater, the blouse underneath must be in dress code. All zip-up sweatshirts must be zipped if proper dress code apparel is not worn under the sweatshirt. No tube-top apparel is permitted.

**Pants:** Casual slacks, slacks, cords, jeans, or shorts (no more than 3" above the top of the knee) may be worn. All pants must cover hips completely. Athletic wear is unacceptable. **(No fleece, mesh materials, sweat pants, or leggings).**

**Dresses/Skirts:** Dresses must have sleeves. Skirts must be no higher than 3" from the top of the knee. Slits in dresses and skirts may not be any higher than mid-thigh. See-through material is unacceptable.

**Hair:** Hair must be neat in appearance, appropriately styled, and must be a natural color.

**Makeup:** Females are permitted to wear modest make-up always keeping in mind Christian modesty and decorum.

### **Men:**

**Shirts:** Collared shirts must be worn (Polo or buttoned front) regardless of outer garment worn. Shirts may be untucked if appropriate in length.

**Pants:** Casual slacks, slacks, cords, jeans, or shorts may be worn. No faded jeans, pants, or shorts are acceptable. All shorts must have pockets; no athletic wear. Clothes may be loose fitting, but may not be overly baggy. No baggy pants. **Pants must be worn at the hips and boxers/underwear may not be visible. No sagging allowed.** Military style pants, athletic wear or surf trunks are not acceptable. **(No fleece or mesh materials)**

**Hair:** Hair must be neat in appearance, appropriately styled, and must be a natural color. Shaved heads (hair shorter than ¼"), ponytails, Mohawks, or hair length longer than the top of the shirt collar for boys are unacceptable. Facial hair is limited to mustaches. Sideburns must be no lower than the earlobe.

### **Both Women and Men:**

**School day travel** requires a school sponsored polo shirt/blouse or Mass Dress as warranted by the activity and designated by the moderator/supervisor.

**Clothing, hairstyle and shoes should be:** neat, clean, modest, in good repair, no holes or cut material and may not display offensive slogans, i.e. references to sex, drugs, alcohol, weapons, or any advertising inconsistent with the school's philosophy. Clothing must be in good taste and not tight fitting; no holes, thread bare or revealing areas. Student athletes may not dress down or undress outside the locker rooms. Student athletes are to observe full dress outside the athletic play area.

**Footwear:** Maximum heels height is two inches from the back. **No flip-flops, thong sandals or slippers allowed.** Sneakers are unacceptable for dress-up days. Shoes must be worn at all times and must be in good repair.

**Accessories:** Boys are restricted to one earring per ear. Earring(s) may be worn in the lobe of either ear and cannot be larger than a ½" loop. Girls may wear no more than three (3) earrings per ear. No other body piercing is acceptable. Visible tattoos are unacceptable. Caps of any kind are not to be worn inside any building.

**Changes in the Dress Code:** From time to time, the administration may alter the dress code. Changes will be published in the school newsletter.